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There may have been a resemblance

PLOT Irene Prusik has been dead for six years. But in April, someone showed up at the Department of Motor Vehicles in Brooklyn to renew her driver's license.

The explanation given by prosecutors: It was her son — in a dress.

Thomas Parkin, 49, was charged yesterday in the bizarre plot to impersonate his deceased mother so he could collect $117,000 in government benefits. He and the man accused of being his accomplice, Mhilton Rimolo, pleaded not guilty to grand larceny, criminal impersonation and other charges.

THE ASSOCIATED PRESS

Canada pg 10
No summer election

Father's Day pg 23
Frugal and fancy ideas

Comment pg 20
Ripple effects in Alberta

Sunny Side

Follow Metro's SunnySide initiative as we help you find the good news around Toronto and Canada at metronews.ca.

Science Centre **Tongue twister**

LUCAS OLENIUK/TORSTAR NEWS SERVICE

Tricia Arqueza, 9, right, mimics a Burmese python while Damien Morris, 9, looks on in amazement yesterday at the Ontario Science Centre's Lizards and Snakes: Alive! exhibit. The exhibit opened yesterday and features 55 live snakes and lizards.

Mayhem in halls

Teacher, four students stabbed at Mississauga school

Two teens have been charged with attempted murder after a teacher and four students were stabbed at a Mississauga high school.

Maria LoCicero, a teacher in a program for students with disciplinary problems at St. Joseph Secondary School, was slashed on the hand as she intervened in a hallway fight about 8:30 a.m. yesterday.

Students said the altercation was apparently retaliation for a swarming Monday in which one of yesterday's attackers was beaten.

None of the students suffered life-threatening wounds, Peel police said. One student was reportedly stabbed in the neck, abdomen and hand, and underwent surgery at Credit Valley Hospital. Another was treated for a shoulder wound.

Among the victims were two teenaged brothers.

TORSTAR NEWS SERVICE

Two facing charges

- Two suspects, aged 16 and 17 and believed to be students, were arrested west of the school. They have each been charged with attempted murder and other weapons offences, and are to appear in Brampton court today.

Are you all thumbs, or just 1?

JOHANNA OHLSON
Metro World News

A new study by Swedish researchers has found a correlation between bad text-messaging technique and pain in the neck, shoulders and arms.

"We noticed a big difference in technique (in text messaging) between those who had pain and those who didn't," said Ergonomist Ewa Gustafsson, who has written a thesis on the subject. "The ones who didn't suffer any pain seemed more aware of their work. You can suspect that those who are in pain don't listen to their bodies' signals."

A Swedish hospital has noticed an increase in patients with text-messaging injuries in their neck, shoulders and arms.

"Since we began the study, texting has increased," said Gustafsson. "More and more applications appear in the (cellphone) so we are using the tiny keyboard more and more."

But those who only send five to 10 text messages a day need not worry.

"It's the repetition that may cause injuries. The thumb is not built for this kind of use. It is built for gripping things."

Tips

- Make sure you have support for your lower arms.
- Try to sit up straight without holding your cellphone high.
- Use both thumbs.

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Worker crushed by massive pipe
A 32-year-old man was rushed to Sunnybrook Hospital in serious condition after being crushed by a massive pipe at a construction site in Scarborough. A representative from the Ontario Ministry of Labour said that they are investigating the incident. TORSTAR NEWS SERVICE

Local

Judge gets tough on gun violence

A superior court judge condemned the rampant gun violence on city streets by imposing a 15-year prison sentence against a self-styled gangster who killed an unarmed man over an insult. "Brazen shootings in public places used to be rare. Sadly, they are becoming commonplace," said Justice Robert Clark in sentencing Walid Almaktari for manslaughter in the Mother's Day 2005 slaying of Sasha Bailey outside a pizza restaurant. THE CANADIAN PRESS

Tomorrow's Metro

Music
Metro sits down with Kevin Jonas of Jonas Brothers fame.

metronews.ca
WHAT'S ONLINE TODAY

Video On the ground in Afghanistan with the big guns of Canada's artillery teams at **metronews.ca/canada**

Blogs Global Peasant tackles one of the 100-Day Raw Food Challenge's most daunting tasks — eating raw meat.

Lotteries
Results not available at time of printing.

No service? Still pay

Property tax to be collected over strike

City services will be sharply curtailed if Toronto workers walk off the job Sunday night, officials said yesterday — but property taxes are still due.

As the city announced plans to close daycare, suspend garbage pick-up and cancel ferry service for Toronto Island in the event of a strike, it reminded residents property tax bills have been issued and remain "due as per the due dates identified on your tax bill."

And just a reminder: Parking enforcement officers, who aren't part of either local, will remain on the job if there's a strike, handing out tickets as usual.

City manager Joe Pennachetti told a packed City Hall news conference yesterday the city still hopes to avoid a strike: "We do not want a strike, and we believe a strike is unnecessary."

"We do not want a strike."
City manager
Joe Pennachetti

Meanwhile, Pat Daley, a spokesperson for Canadian Union of Public Employees, painted a grim picture, saying no significant progress has been made since last week, when union leaders warned the talks were heading for trouble.

Both CUPE Local 416 and Local 79 are in a legal strike position as of one minute past midnight on Monday morning.

TORSTAR NEWS SERVICE

News in brief

CRIME Peel police have arrested two Toronto men in connection to the shooting death of 41-year-old Brampton man almost three years ago. On Nov. 4, 2006, Mervyn Spence was gunned down as he left a private event at a restaurant, in a Brampton industrial plaza at Steeles Avenue E. and Torbram Road at around 4 a.m. It is alleged that Spence had become involved in a fight with several people and was shot, said police. TORSTAR NEWS SERVICE

DAVID COOPER/TORSTAR NEWS SERVICE

Eddie Bauer at Square One mall in Mississauga.

Clothing giant goes under

BANKRUPTCY Clothing retailer Eddie Bauer Holdings Inc. filed for Chapter 11 bankruptcy court protection yesterday, the latest retail casualty of the recession.

The New York-based retailer said CCMP Capital Advisors LLC has bid for its assets. Other buyers may also make bids while the company is under court protection.

The company said in its filing it is seeking court protection because its financial position was creating uncertainty among vendors that supply its inventory and because its cash flow problems "could severely impede" its operations.

Eddie Bauer said it might not be able to comply with some covenants in its $225 million US senior debt or have the cash under its line of credit to make vendor payments in the future.

Eddie Bauer joins Circuit City, Linens 'N Things, and other U.S.-based retail chains that have filed for court protection. THE CANADIAN PRESS

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Pedestrian, 78, dies after hit-and-run

An elderly man is dead after a hit-and-run in the city's west end, police said. Witnesses told police the 78-year-old was walking along Keele Street near Dundas Street yesterday when he fell into the road. He was hit by a white cargo truck, which continued northbound on Keele, police said. TORSTAR NEWS SERVICE

McGuinty solemn over eHealth

New contract conditions for beleaguered agency

Ontario government ministries and agencies will no longer be allowed to award contracts to consultants without a competitive bidding process, Premier Dalton McGuinty announced yesterday as he moved to quash a growing scandal at eHealth amidst news of the agency chairman's resignation.

"The rules that we've had ... are clearly inadequate. I take responsibility for this."
Premier Dalton McGuinty

The provincial agency should not have awarded $5 million in untendered consulting contracts in just a few months and should not have allowed consultants to bill taxpayers for snacks and drinks on top of their $2,700-a-day fees, said McGuinty.

"I want to acknowledge to Ontarians that our government came up short in the matter of eHealth," a sombre McGuinty told reporters.

"The rules that we've had in place for consultants are clearly inadequate. I take responsibility for this."

After weeks of defending Dr. Alan Hudson, the chairman of the eHealth board, McGuinty announced Hudson was resigning and would be replaced, temporarily, by Rita Burak, a career civil servant and former secretary to the Ontario cabinet.

Hudson's sudden departure came just more than a week after eHealth CEO Sarah Kramer was dumped and given a $314,000 payout for leaving.

However, Hudson will stay on in his other role as leader of the province's effort to reduce health-care wait times.

Hudson and Kramer had been under fire for awarding $5 million in untendered contracts to consultants — some with ties to them and the Liberal government — and for allowing high-paid consultants to bill taxpayers extra for personal items like snacks and a cup of tea.

"That ends today," vowed McGuinty as he announced the new tendering rules for all consulting contracts.

The opposition parties welcomed the change in the contracting and expense rules.

THE CANADIAN PRESS

RENE JOHNSTON/TORSTAR NEWS SERVICE

Mary Louise Abrahamse, owner of the Glo Salon & Spa on Avenue Road, is in the middle of a hair dresser disagreement with another salon over client lists.

Yorkville scissor war clips on

At 10:30 yesterday morning, the ground level of the opulent Glo Salon & Spa was empty of customers.

At the same time, a stone's throw up the road at Gliss, things were hopping.

Glo owner Mary Louise Abrahamse is suing eight former staffers, who now work at Gliss, for $6.4 million. She accuses them of stealing her business by luring away her clients and leaving her with a small staff of inexperienced workers.

Until yesterday, Abrahamse had declined comment.

"There are two sides to every story," she said.

Abrahamse and two of her counsel sat down for an interview in the empty third-floor spa level. Instead of allowing his client to speak, lawyer Bob Klotz handed out a one-page statement. After summarizing the case, it ended with, "That is all we have to say at this juncture."

The tangible crux of the ongoing legal dispute continues to be the thousand or so "colour cards" seized in a surprise search at Gliss two weeks ago.

The cards contain personal client information like contact details.

TORSTAR NEWS SERVICE

News in brief

IMAGE They're famous for their chocolate, cheese and watches, but the Swiss are otherwise thought of as rather bland. That stereotypical perception is about to change in Ontario, with the launch yesterday of a website that aims to jazz up their cultural image. The swisscontacts.ca website will also document the storied lives and history of the 11,000 Swiss Canadians who have made this province their home.

SCHOOL The Ontario government is loosening the rules for students to be eligible to attend French schools. The province has instructed French boards to make their classes more "welcoming" to children whose grandparents' first language is French and to French-speaking new Canadians. The provision would also allow newcomers who speak neither of Canada's official languages to apply to French schools in the province. The education ministry says the admission policies will be in place by January 2010. METRO NEWS SERVICES

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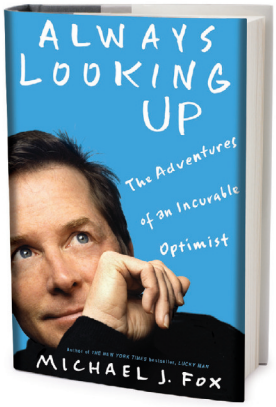

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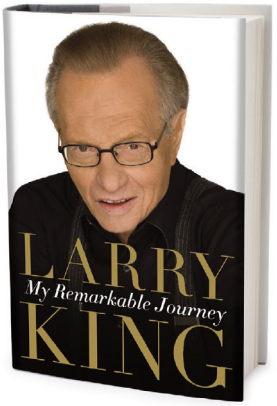

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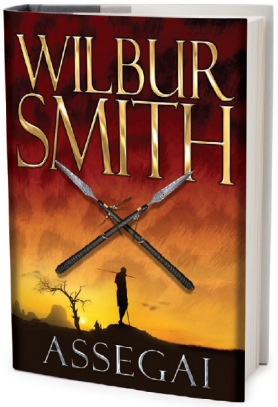

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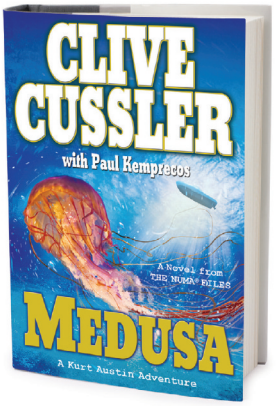

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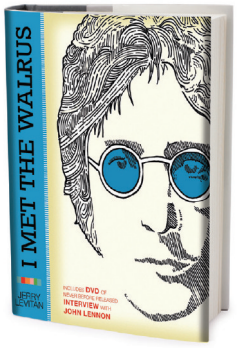

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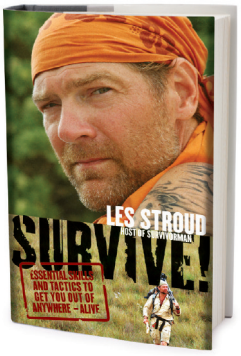

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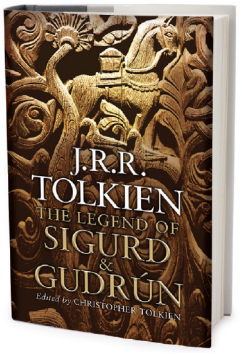

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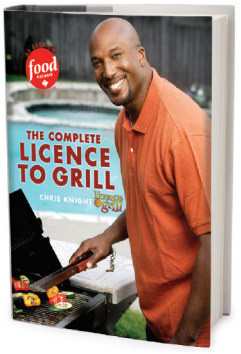

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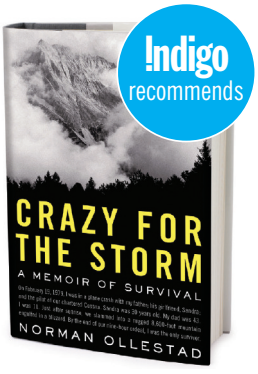

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Child hit by truck in East York

A 12-year-old boy is recovering in hospital after he was hit by a truck in East York. Emergency crews responded to Pape and Donlands avenues. around 3:15 p.m., where they found the injured boy. He was taken to the Hospital for Sick Children with minor injuries. TORSTAR NEWS SERVICES

AARON HARRIS/TORSTAR NEWS SERVICE

In this file photo, Daily Bread Food Bank director Michael Oliphant oversees work in their Toronto warehouse.

Food banks faced with more mouths to feed in recession

HUNGER The recession has forced a sharp increase in the number of Toronto-area residents turning to food banks, says a new report on hunger.

People who have lost their jobs or had their hours cut accounted for almost half of new clients

From April 2008 to April 2009, residents made 1,030,568 visits to Toronto-area food banks, an eight per cent increase from the previous year. In the first three months of this year, client visits increased a dramatic 17 per cent compared to the same period last year. The figures are based on a survey of 49 food banks in the Toronto area.

35 Of clients who used food banks for six months or less, 35 per cent cited job loss as the reason.

The Who's Hungry report places much of the blame for the increased use on "gaps in the social safety net."

Many who lose their jobs don't qualify for employment insurance.

TORSTAR NEWS SERVICE

Asian Games kick off

Seven-event competition taking place around GTA

Whether you compete or simply cheer from the stands, attending the 5th annual Asian Community Games will be a weekend to remember, said the organizers of the sporting event at a press conference yesterday announcing their 2009 lineup of competitions taking place on July 18 and 19.

SUBMITTED PHOTO

Members of the executive and organizing committees for the 2009 Asian Community Games, taking place in Toronto from July 17 to 19.

Beginning with the opening ceremonies on the evening of July 17 at The Toronto Track and Field Centre at York University, seven event categories including soccer, volleyball, table tennis, basketball, cricket, badminton and track and field will take place over the following two days at various locations around the GTA.

"This year's games are bigger and better," said the chair of the games, Joseph Fong.

Since its inception five years ago, the Asian Community Games have grown from a one-day track-and-field meet, attended solely by Asians, into a three-day sporting extravaganza, attended by thousands of participants and spectators from every ethnic background including the Chinese, Korean, Indonesian, Japanese, Cambodian, Philippine, Malaysian, Vietnamese, Thai, Indian, Pakistani and Sri Lankan communities.

Organized by the Sing Fai Sports Club — a non-profit, Toronto-based sporting organization that promotes healthy lifestyles through organized sport activities like dragon boat racing and badminton around the GTA — and sponsored by the Sing Tao Canada Foundation, the Asian Community Games bring people together for a weekend of friendly sporting competition and fun.

"The games are truly diversity in action, reflecting the multicultural spirit of Canada," said Joseph Chen, vice-chair of this year's games. METRO NEWS SERVICES

Police alert public after body found

WARRANT A man convicted of slashing a fellow drifter's throat in 1991 is wanted by police after a man's lifeless body was found yesterday morning outside a North York furniture store.

Police have issued an arrest warrant for Edward Arthur Scheniman, 41, and have launched a public alert on YouTube, Twitter and Facebook, describing the suspect as "extremely dangerous" and not to be approached.

Victim

- The victim's identity has not been released, but police say he had obvious trauma to his head.

An employee of Barrymore Furniture discovered the body around 7:30 a.m. in a wooded area on Caledonia Road, an industrial-commercial strip near Keele Street and Lawrence Avenue, police said. In 1991, Scheniman was sentenced to 14 years in prison after pleading guilty to slashing the throat of Stanley George, 27, in an abandoned railyard. TORSTAR NEWS SERVICE

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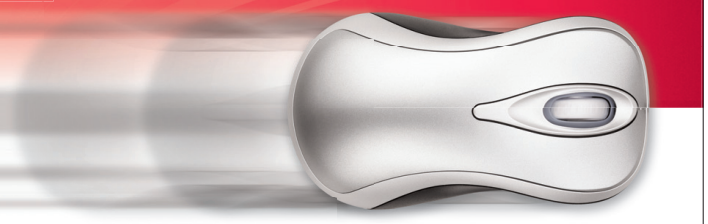

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Chrysler re-opening three plants
Chrysler Canada says it is reopening its two big assembly plants in Brampton and Windsor on June 29 after a shutdown of almost two months. As well, an engine-casting plant in suburban Etobicoke will be resuming output, the company announced yesterday. TORSTAR NEWS SERVICE

Group warns Toronto Tamils on 'family find' company

Canadian Tamil organizations are warning Toronto Tamils not to send money to a Sri Lankan company offering to find missing family and friends in the wake of the country's bloody 25-year civil war.

In a recent email sent to Tamil Canadian organizations, L. Jude Perera, who calls himself a consultant for "Internally Displaced People Services," says for an initial fee of $25 his 'family find' company will attempt to make contact with Tamils forced from their homes into military camps.

"We take this email seriously and are asking members of the community not to make any contact with this person," said David Poopalapillai, a spokesperson for the Canadian Tamil Congress. "This company is totally inhumane. These people are trying to make money out of people's misery."

> **"This company is totally inhumane. These people are trying to make money out of people's misery."** David Poopalapillai, spokesperson for the Canadian Tamil Congress

Poopalapillai says the emergence of "Internally Displaced People Services" is a symptom of the Sri Lankan government's reluctance to allow international aid agencies full access to its so-called "welfare villages," where more than 250,000 ethnic Tamils are currently housed.

But Perera says he is simply filling a need.

"We are going to do a genuine job. We're not interested in hoodwinking people."

TORSTAR NEWS SERVICE

Ontario's adoption records are now open.

visit www.ontario.ca/adoptioninfo

Effective June 1, 2009, Ontario's adoption records are open. This means that adopted adults and birth parents can apply for post-adoption birth information from birth records and adoption orders.

An adopted adult, 18 years of age or older, can now apply for a copy of his or her original birth registration and adoption order. A birth parent can receive information from the birth registration and adoption order of the child that was placed for adoption once that child turns 19 years old.

If you want your identifying information kept private, and if the adoption order was made before September 1, 2008, adopted adults and birth parents can file a disclosure veto.

To learn more about your right to information and privacy regarding adoption,
visit www.ontario.ca/adoptioninfo or call 1-800-461-2156 (TTY 416-325-3408).

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Ontario

GM looking at backlash from dealers

LEGAL ACTION General Motors' controversial decision to force the closing of hundreds of dealerships is triggering blow back from store owners who are now contemplating legal action at the same time consumers express outrage about losing service.

One GM dealer confirmed yesterday he has hired legal counsel, and a small group of retailers may fight the automaker over pending closures and an alleged lack of fair compensation.

"We've got a litigation team looking into this," said Bob Slessor, president of Robert Slessor Pontiac Buick GMC in Grimsby, east of Hamilton. "We're reviewing our options."

A public petition calling for GM to reconsider the closures has now topped 2,300 names, with people heavily lambasting the company for forcing them to travel long distances for future service and for unilaterally closing popular stores rather than letting the market decide.

"I don't know how GM expects to maintain customer loyalty when it treats its dealerships like this," said one consumer in comments on the petition. "What a bonehead decision," added another petition signee.

GM of Canada Ltd., which is fighting for survival, announced last month that it would close 240 — more than a third — of its 705 dealers by the end of October 2010, when their current franchise agreements expire. The company also wants to cut another 50 stores through attrition.

GM offered "wind down payments" to dealers who agreed to close by the end of this year.

The proposal would pay most dealerships under a formula relating to 2008 retail sales.

TORSTAR NEWS SERVICE

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Lynden Park Mall
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CHATHAM
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COBURG
Northumberland Mall
COLLINGWOOD
Blue Mountain Mall
COOKSTOWN
Cookstown Outlet Mall (kiosk)
CORNWALL
Cornwall Square
DUNDAS
101 Osler Dr.
ETOBICOKE
Cloverdale Mall
Sherway Gardens
Woodbine Centre
FERGUS
890 Tower St. South
FORT ERIE
International Gateway Centre
GEORGETOWN
330 Guelph St.
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Suncoast Mall
GUELPH
240 Silvercreek Pkwy
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HUNTSVILLE
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KINGSTON
Cataraqui Town Centre
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Taylor Kidd Marketplace
KITCHENER
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LEAMINGTON
County Fair Mall
LINCOLN
4961 King St. East
LINDSAY
229 Kent St. West
Whitney Town Centre
LONDON
125 York St.
1920 Dundas St. East
Masonville Place
Westmount Shopping Centre
White Oaks Mall
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MIDLAND
Mountainview Mall
MILTON
377 Main St. East
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980 Eglinton Ave. East
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6965 Davand Dr.
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Dixie Value Mall
Erin Mills Town Centre
Heartland Power Centre
Mississauga Chinese Centre
Sheridan Centre
Square One Shopping Centre
Square One Shopping Centre (kiosk)
SmartCentres Westgate
NEPEAN
50 Market Place Ave.
1541 Merivale Rd
Bayshore Shopping Centre
NEWMARKET
Upper Canada Mall
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1635 Lawrence Ave. West
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Empress Walk
Lawrence Square
North York Sheridan Mall
Sheppard Centre
Yorkgate Mall
OAKVILLE
Hopedale Mall (kiosk)
Oakville Place
Winston Power Centre
ORANGEVILLE
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ORILLIA
Orillia Square Mall
ORLEANS
Place d'Orleans
SmartCentres Orleans
OSHAWA
Five Points Mall
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Hillcrest Mall
Richmond Heights Plaza
Time Square Shopping Centre
SARNIA
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Lambton Mall
SAULT STE.MARIE
270 Bruce St.
Station Mall
SCARBOROUGH
259 Morningside Ave.
Bridlewood Mall (kiosk)
Cedarbrae Mall (kiosk)
Chartwell Shopping Center
Eglinton Square
Kennedy Commons
Malvern Town Centre
Parkway Mall
Scarborough Town Centre
SIMCOE
Simcoe Town Centre
SMITHS FALLS
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ST. CATHARINES
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Commerce Court
Dufferin Mall
East York Town Centre
Eaton Centre
Eaton Centre II
Exchange Tower
Gerrard Square
Holt Renfrew Centre
Shops at Don Mills
Scotia Plaza
Toronto Life Square
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Quebecer becomes 12th Canadian to die after getting swine flu

An elderly Quebec woman is the 12th Canadian to die after catching the influenza A (H1N1) virus, also known as swine flu. Seven Quebecers, two Ontarians, two people in Manitoba and one person in Alberta have died after getting the virus. THE CANADIAN PRESS

Canada

Air Canada to let pets in cabins

Air Canada says it will allow passengers to bring their cat or small dog in the cabin on flights beginning July 1 — for $100 on a domestic return trip and $200 for overseas trips. The animals can be stowed under the seat on flights by Air Canada and its Jazz Air affiliate, the carrier said yesterday. THE CANADIAN PRESS

JONATHAN HAYWARD/THE CANADIAN PRESS

Maureen Lee holds onto her daughter, Maya Espinosa, 3, yesterday outside their Squamish, B.C., home. Maya was attacked by a cougar Tuesday and received non-life-threatening injuries.

Girl recovers from cougar attack

B.C. A three-year-old girl is recovering after receiving non-life-threatening injuries from a cougar attack near her Squamish, B.C., home as her mom relived the terror of locking eyes with the beast she pushed off her bleeding daughter.

"He rolled her a couple of times and had her underneath him in kind of a fetal position on her back," Maureen Lee said of the cougar that had her child's head in his paws Tuesday evening.

Conservation officers tracked down a male cougar and shot it late Tuesday night.

THE CANADIAN PRESS

Summer of love in Ottawa

Prime minister, Ignatieff make nice — at least until the fall

The ceasefire between Stephen Harper and Michael Ignatieff has erased a summer election from the calendar, but party troops are circling November as a distinct possibility for the next federal vote.

The prime minister and the Liberal leader emerged from talks yesterday with a deal to end their political showdown, highlighted by the creation of a panel to look at changes to employment insurance.

Harper agreed to produce another economic report card to the House of Commons the last week of September. Whatever spending data that is contained in the report could form the basis of an election issue for the Liberals.

And Harper agreed to give the Liberals an opposition day motion within eight days of the start of the fall session of Parliament — a key opportunity to trigger an election that could occur as early as Nov. 2.

In exchange, Ignatieff agreed not to vote against the government tomorrow when the supplementary budget estimates come up in the Commons.

THE CANADIAN PRESS

EI changes

- Possible changes to EI include a Conservative proposal to extend coverage to the self-employed and a Liberal push to make the eligibility threshold the same across the country.

SEAN KILPATRICK/THE CANADIAN PRESS

Prime Minister Stephen Harper responds to a question from Liberal Leader Michael Ignatieff yesterday during question period in the House of Commons in Ottawa.

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Families of helicopter crash victims plan lawsuit
The families of 15 passengers who died in the crash of a Sikorsky helicopter off Newfoundland and the sole survivor of the tragedy are suing a subsidiary of the company in the United States. THE CANADIAN PRESS

Ministers blast militia plan

Caledonia activist's plan is a 'dumb idea,' Bartolucci says

Forming a local militia to protect residents at the scene of a long-running aboriginal dispute in Caledonia is a "dumb idea," Community Safety Minister Rick Bartolucci said yesterday.

Doug Fleming, a local activist, said he's planning to form an unarmed militia to make sure the law is enforced and to protect property owners from trespassers.

An outstanding land claim dispute has erupted into several violent clashes between homeowners and the aboriginal protesters occupying a 40-hectare tract of land on the outskirts of the southwestern Ontario town.

Brad Dugid

Both Bartolucci and Aboriginal Affairs Minister Brad Duguid slammed the idea yesterday, saying it could tear the town apart.

"Allow policing issues to be handled by people who understand the complexities of the issue," Bartolucci said. "I would suggest that the formation of a militia is a dumb idea."

Most Caledonia residents want to move forward and a militia is "not helpful at all," Duguid said.

"We're trying to do everything we can as a government to help bring people together," he added. "Efforts such as that — forming a militia — it's a shameful attempt to divide, and that's exactly what people should not be engaging in."

Bartolucci noted that talk of a militia has already threatened a Caledonia farmer's arrangement with an aboriginal group to remove a smoke shack from his property near disputed land.

Six Nations members occupied the contested land in February 2006, claiming it was theirs.

THE CANADIAN PRESS

Quebec Deficit riles up the blood

JACQUES BOISSINOT/THE CANADIAN PRESS

Quebec Premier Jean Charest responds to opposition finance critic Francois Legault over the deficit yesterday at the Quebec legislature. Finance Minister Raymond Bachand, left, looks on.

News in brief

SAVINGS Alberta's finance minister says parents and the government need to do a better job of teaching children how to save for the future.

FORESTRY The federal government says Canada's struggling pulp and paper industry will be tossed a $1-billion lifeline that should make them commercially and environmentally sustainable in the long term.

THE CANADIAN PRESS

Nine charged after clash with cops

MONTREAL Nine people arrested after a melee with Montreal police that spilled through the streets and back alleys of the city's north end are facing charges of assault with a weapon and assaulting police officers.

Police in helmets and wielding riot clubs rushed to the troubled Montreal North borough late Tuesday night after a confrontation between officers and 50 to 75 youths in a park in the same neighbourhood where a teenager was shot by police last year.

In Quebec City, Public Security Minister Jacques Dupuis blamed the incident on agitators who want to destabilize the tense, impoverished community.

Dupuis vowed police would not turn a blind eye and would continue to bring order to the area.

Initial reports to police said a fight had broken out between the youths Tuesday night but it wasn't going on when police arrived. Officers remained in the area to keep an eye on the group, which they say soon turned on them.

THE CANADIAN PRESS

Payette's shuttle mission delayed

NASA Canadian astronaut Julie Payette is heading to Houston today instead of the International Space Station. NASA scrubbed the launch of space shuttle Endeavour because of a second hydrogen gas leak in less than a week.

Mathieu Caron, a mission control supervisor at the Canadian Space Agency in Longueuil, Que., said the next chance to launch is "no earlier than July 11th."

In the meantime, Payette and her six crew mates will be returning to Houston to continue their training.

She was to be greeted by fellow Canadian Bob Thirsk when she reached the space station.

THE CANADIAN PRESS

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the Bay

Commissioner urges changes to politician's business dealings
The federal ethics commissioner says legislative changes are needed to help monitor the business dealings of senior politicians once they leave government. THE CANADIAN PRESS

Debunk PTSD myths: Parliament

Committee calls on auditor general to examine mental health programs for Afghan vets

Parliamentarians are asking Canada's defence minister to publicly debunk the myths surrounding post-traumatic stress disorder.

Sources say the recommendation comes in a report by the House of Commons committee on National Defence, along with three dozen recommendations about the treatment of soldiers suffering from PTSD.

Among them, the all-party committee calls on the auditor general to examine the mental-health programs and services offered to veterans, many of them returning from Afghanistan with mental stress.

Public statements by Defence Minister Peter MacKay and his staff on the subject are seen as key to getting troubled soldiers to come forward and seek treatment.

THE CANADIAN PRESS

Macho men

- The attitude of the testosterone-charged military has been identified as an obstacle for traumatized soldiers.

FILE PHOTO

Newfoundland and Labrador Premier Danny Williams came under heavy criticism yesterday after phoning a radio call-in show and accusing its host of spewing "crap."

Williams defends on-radio outburst

POLITICS Newfoundland and Labrador Premier Danny Williams defiantly justified an angry outburst on a radio call-in show in which he accused its host of spewing "pessimism and crap," saying yesterday he was only trying to combat unfair questioning of an offshore oil development deal.

Williams came under heavy criticism after he phoned a popular VOCM radio call-in show broadcast across the province and denounced its host for questioning the provincial government's commitment to the fisheries and forestry in favour of offshore oil.

"We don't need that kind of pessimism and crap coming out of your mouth in the morning, I can tell you right now," Williams told Randy Simms Tuesday, about an hour after he announced a tentative agreement to develop Hibernia South.

"I refuse to listen to a pessimist like you and we're going to move forward and we're going to do it to spite you."

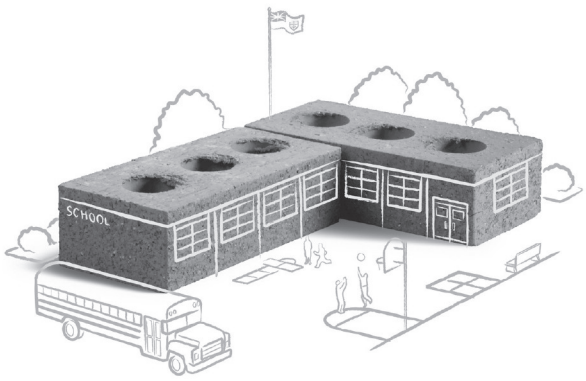
The Tory premier then told Simms to "have a nice day," thanked him and abruptly hung up.

The premier's office declined comment yesterday. But in an interview with CBC Radio, Williams said he felt compelled to call Simms' show to combat negativity "on a day when there really should be none."

THE CANADIAN PRESS

News in brief

FERRIES Two Vancouver-area ferries that will soon be rendered obsolete thanks to B.C.'s newest bridge have gone up for sale on Craigslist for $1.1 million each. THE CANADIAN PRESS



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Austrian Nazi sympathizer sentenced

An Austrian court has convicted a man of glorifying Nazi ideology and sentenced him to two years in prison. The court in the southern city of Klagenfurt found the 85-year-old man, who was not identified, guilty yesterday of "re-engaging" in Nazi-era beliefs. THE ASSOCIATED PRESS

World

U.S. Senator admits affair

Just two weeks after taking the first steps toward a 2012 U.S. presidential bid, Republican Senator John Ensign, left, of Nevada is admitting to an extra-marital affair last year with a campaign aide. Ensign, a rising star in conservative circles, stepped down yesterday as chairman of the Republican Policy Committee, the fourth-ranking spot in the leadership. THE ASSOCIATED PRESS

Iran accuses U.S. of meddling

Protests continue as military demands bloggers cease 'creating tension'

Iran accused the U.S. yesterday of "intolerable" meddling in its internal affairs, alleging for the first time that Washington has fuelled a bitter post-election dispute. Opposition supporters marched in huge numbers through Tehran's streets for a third straight day to protest the outcome of the balloting.

The Iranian government summoned the Swiss ambassador, who represents U.S. interests in Iran, to complain about American interference, state-run TV reported. A U.S. State Department spokesman said they were withholding judgment about the election and not interfering in Iranian internal affairs. U.S. President Barack Obama has reacted cautiously to opposition allegations that President Mahmoud Ahmadinejad stole the election, saying he shared the world's "deep concerns" but it was "not productive, given the history of U.S.-Iranian relations, to be seen as meddling." Iran summoned the Czech, France, German and British ambassadors Tuesday, state TV said. A crackdown on dissent continued, with more arrests of opposition figures reported, and the country's most powerful military force — the Revolutionary Guard — saying Iranian websites and bloggers must remove any materials that "create tension" or face legal action. But supporters were undeterred in their support of reformist candidate Mir Hossein Mousavi, who has called himself the winner of the June 12 election. THE ASSOCIATED PRESS

JEON-HAN/THE ASSOCIATED PRESS

Iranian soccer fans hold signs yesterday against the Iranian government during the 2010 FIFA World Cup Asia Group 2 match against South Korea in Seoul.

Sikh N.Y. transit workers fighting turban rule

PATRICK ARDEN
Metro World News

NEW YORK Sikh transit workers rallied at New York City Hall yesterday against a transit authority requirement that they wear the agency's logo on their turbans. The policy has already spurred a discrimination lawsuit from the U.S. Justice Department.

Twenty-seven City Council members signed a letter of support, urging Metropolitan Transit Authority President Howard Roberts to drop the logo rule adopted after Sept. 11, 2001, when four Muslim women were barred from driving buses while wearing head scarves. The letter claimed the rule "selectively" targets Sikhs and Muslims.

A 2005 survey found more than 100 MTA workers in "unbranded" knit caps and New York Yankee hats.

PETER MORRISON/THE ASSOCIATED PRESS

Romanian Gypsies arrive at a Belfast community centre.

India again ready to talk peace with Pakistan

TALKS India's prime minister said yesterday that his country is again ready to talk peace with Pakistan following a six-month freeze between the nuclear-armed rivals in the wake of last year's terror attack in Mumbai. But Prime Minister Manmohan Singh cautioned that relations between the neighbours remain "under considerable stress" and progress would be slow — with each step forward dependent on Pakistan's willingness to take on anti-India militants.

If Pakistan shows "courage, determination and statesmanship to take the high road to peace, India will meet it more than half the way," Singh told reporters. India's hesitant approach is in marked contrast to Pakistan, which is believed to favour a quick resumption of all talks.

The three-day siege in Mumbai killed 166 people. India has accused a Pakistani militant group of sending the gunmen that rampaged through the city, and Pakistani officials have acknowledged the November attacks were partly plotted on their soil. THE ASSOCIATED PRESS

Adversaries

- India and Pakistan have been adversaries for decades. They have fought three wars, two over the disputed territory of Kashmir, since gaining independence from Britain in 1947.

Racist attacks drive immigrants from homes

NORTHERN IRELAND Thugs used bricks and bottles to drive more than 100 Romanian Gypsies from their homes in a wave of attacks. Yesterday, the victims were sheltering in a community centre after a church plucked them off a Belfast street.

The families were taken in by the City Church on Tuesday after youths attacked their homes in a neighbourhood of south Belfast, smashing windows and hurling threats. "They made signs like they wanted to cut my brother's baby's throat," said one man, Couaccusil Filuis. "They said they wanted to kill us."

Police said the racist attacks started last week, with gangs smashing windows and attacking cars. The violence flared again Monday when youths hurling bottles and Nazi salutes attacked an anti-racism rally. Belfast city council press officer Mark Ashby said the majority of the victims were Romanians. THE ASSOCIATED PRESS

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Centerpoint Mall
Crossroads Plaza
Empress Walk
Lawrence Square
North York Sheridan Mall
Sheppard Centre
Yorkgate Mall

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Winston Power Centre

ORANGEVILLE
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OSHAWA
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Hillcrest Mall
Richmond Heights Plaza
Time Square Shopping Centre

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Eglinton Square
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Parkway Mall
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Group protests crackdown

The group Women of Zimbabwe Arise says police violently dispersed protesters. ASSOCIATED PRESS

North Korea feels heat

Russia, China exert pressure

Russia and China expressed serious concern yesterday about tension on the Korean peninsula and, in the face of North Korea's rhetoric, stepped up international pressure for it to return to nuclear talks.

The U.S. vowed it would never accept North Korea as an atomic weapons state and, at a board meeting of the International Atomic Energy Agency in Vienna, urged the country to negotiate with the world powers instead of making threats.

Only hours earlier, North Korea warned the United States and its allies of a "thousand-fold" military retaliation if provoked.

China and Russia have in the past used their status as veto-wielding UN Security Council members to soften Western-backed sanctions against North Korea, but approved new punitive measures this month after expressing unusually strong concern over North Korea's nuclear test and missile launches.

THE ASSOCIATED PRESS

Another test?

- Japanese and South Korean news reports said North Korea is preparing an additional site for test-firing a long-range missile that experts say could be capable of striking the United States.
- A Russian deputy defence minister said Russia would shoot down any North Korean missile headed its way but might not be able to detect missiles aimed in other directions.

DAMIAN DOVARGANES/THE ASSOCIATED PRESS

James Symington poses in Los Angeles Tuesday with five puppies cloned from a German shepard that reportedly took part in the search-and-rescue effort after the 9/11 terrorist attacks.

9/11 search-and-rescue dog cloned for ex-Halifax officer

CONTEST Scientists in California say they have cloned a dog that helped with search-and-rescue after the New York terrorist attacks on Sept. 11, 2001.

Five German shepherd puppies cloned from a dog named Trakr have been delivered to owner James Symington, a former police officer in Halifax, who now lives in Los Angeles.

Before Trakr died in April at age 16, Symington entered a contest sponsored by the California company BioArts International that offered to clone a pet dog for free.

Symington took Trakr to New York after the World Trade Center collapsed and said the dog helped find one woman who was still alive.

Symington was briefly in hot water for working at the Trade Center while he was supposed to be on medical leave.

THE ASSOCIATED PRESS

News in brief

SALUTE Italy's tourism minister faced calls for her resignation yesterday after a video posted on the website of the left-leaning newspaper La Repubblica apparently showed her making a fascist salute. Michela Vittoria Brambilla, 41, a former beauty queen and close ally of Premier Silvio Berlusconi, said she was "astounded" at the accusations. The video shows Brambilla extend her right arm upward in what appears to be a salute used by fascist dictator Benito Mussolini and his followers.

THE ASSOCIATED PRESS

Russia easing rules on rights groups?
President Dmitry Medvedev has introduced legislation he said would make it easier for human rights groups to operate in Russia. THE ASSOCIATED PRESS

Tigers try to rebrand

Sri Lanka calls remaining rebels irrelevant

Sri Lanka's Tamil Tiger rebels are trying to rise from the ashes of their devastating battlefield defeat, swearing off violence and pledging to transform their internationally shunned terror group into a democratic movement for Tamil statehood.

Their rebranding effort faces long odds. The Tamil Tigers' self-proclaimed new leader is a wanted arms smuggler, the group has no presence inside Sri Lanka and the government has brushed off the remaining rebels as irrelevant. It's not even clear if anyone is really in charge of the tattered and demoralized group. "There is no LTTE now, because we have totally destroyed their capabilities and their hierarchy," Media Minister Anura Yapa said.

Selvarasa Pathmanathan, the group's chief of international relations, has seized the leadership mantle. THE ASSOCIATED PRESS

800,000 The estimated number of Tamil expatriates living in Canada, Australia, Britain and other countries that form the Tigers' international network.

Ex-mistress found guilty of murder

JURY A Swiss court has ruled that a former mistress is guilty of the murder of one of France's richest men during sex games four years ago.

A jury in Geneva found Cecile Brossard guilty yesterday of shooting to death her lover Edouard Stern.

Brossard has admitted killing the banker but denied it was because of a dispute over $1 million that Stern promised her. She says she lost control when he called her a whore. THE ASSOCIATED PRESS

KEYSTONE-MARTIAL TREZZINI/THE ASSOCIATED PRESS

Beatrice David-Weill, left, widow of murdered French financier Edouard Stern, leaves the courthouse yesterday in Geneva.

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Comment

Alberta rights law creates ripple effect

Earlier this month, a bill passed in Alberta enshrining gay rights into the province's human rights code. Celebrations were overshadowed, however, by a buried clause — a tiny but powerful traitor tumbling out of a rainbow-coloured Trojan horse.

Under section 11.1 of Bill 44, the Human Rights, Citizenship and Multiculturalism Amendment Act, Alberta teachers are now required to give formal notice to parents before teaching subjects dealing explicitly with religion, sexuality or sexual orientation. Parents can then pull their children out of these classes without academic penalty.

While I support parents being informed in advance of these lessons and having the ability to make such decisions, the introduction of such legalities can create a ripple effect of secondary issues.

Requiring formal, written consent before covering sexuality or sexual orientation, for example, suggests to a child there is something so improper and perverse about it that even teachers must obtain permission before discussing it.

On the web

- For more views on relating, go to Love Bytes at metronews.ca/blogs

It would also curtail the natural progression of class discussions and could cost students some very valuable lessons.

As well, if teachers must send out such advisories, wait for responses from every parent, determine whether or not to still proceed and, if so, (presumably) find alternative arrangements for children who cannot partake, it is expected that some teachers will simply opt for less contestable content.

It should be noted that before the passing of the bill, Alberta parents were already notified before their children partook in sex education classes. The biggest difference now is the intimidating legal threat that teachers can be brought before Alberta Human Rights tribunals and its subsequent effects.

This is not an explicit issue of sexuality or religion, but of a teacher's ability to do his or her job fearlessly, and the implicit effect this has on our children's attitudes toward such topics.

Andrea Woo is a Vancouver-based news and entertainment reporter.

Views

Women, girls need a room of their own

As a kid, my favourite activity was to read children's encyclopedias; my favourite entry was on aboriginal vision quests. Boys are cast into the wilderness to meditate and discover their life direction; they emerge men of truth and purpose. (No mention of the female equivalent.)

As a high-schooler, I spewed my emotions into a well-guarded journal. In English class, I read Virginia Woolf's A Room Of One's Own. (Her theory: "A woman must have money and a room of her own if she is to write.") I wondered if self-reflection was my own rite of passage — a notion explored in She's Shameless, an anthology to be released next week by Shameless, a Toronto-based alt-magazine for young women.

Book launch

- The book launch for She's Shameless is June 23 at 8 p.m. at the Gladstone Hotel, 1214 Queen St. W.

The essays are honest, but as co-editors Stacey May Fowles and Megan Griffith-Greene wrote in the book's introduction, "This is not an after-school special."

The voices of young women are rarely heard. Adults, often men, are invited on TV to wring their hands about teen-girl crises and asked how to "fix" these problems. This is what makes She's Shameless remarkable. The essays neither condone nor condemn; some contributors display regret, but their bios tell of eventual successes as "proud feminist mamas," university graduates, artists.

As it turns out, a writer shared my vision quest. Teri Vlassopoulos on making zines, which quieted her restless thoughts: "If they're a little embarrassing or if there's some bad spelling in there, it's OK ... What matters is the importance of having tangible evidence and amassing proof. We should make things that we can keep around for later, even if just to burn them."

Some feminists believe women are absent from history books (and kids' encyclopedias) because they were written by men. If that's true, greater the reason to write.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.

MICHAEL DE ADDER

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STOP HAIR LOSS

BIO-FEN PLUS™ is a natural health product used in the treatment of hereditary androgenic alopecia *(AGA)* in adults ***(male or female pattern baldness.)*** It contains scientifically calculated proportions of extracts of fenugreek seeds, saw palmetto berries and flax lignans. Each are known to possess an inhibitor of the enzyme responsible for causing male or female pattern baldness. It also contains a mixture of B vitamins, folate and biotin to help metabolize these herbal extracts so that they are more bio-available, and to support the growth of strong and healthy hair.

What causes hereditary hair loss?

Each hair grows from a pocket in the skin called the hair follicle. During its growing phase, the follicle has a bulb-shaped bottom, the center of which is called the dermal papilla. The papilla is fed by very small blood vessels, which bring it food & oxygen and remove wastes. The papilla is highly sensitive to hormones and chemicals secreted by the body *(or ingested as a medicine)* which impacts hair growth.

It is believed that some individuals have a genetic predisposition to a receding hairline *(most common in men)* or hair/follicle thinning over larger areas of scalp *(more common in women)*. These conditions result from hormonal changes caused by an enzyme in the dermal papilla called 5-alpha-reductase. This enzyme breaks down the hormone testosterone into dihydrotestosterone *(DHT)*.

Over a period of time, an over abundance of DHT causes the hair follicle to degrade and shortens the active phase of the hair, eventually leading to thinner hair and eventual hair loss.

How does BIO-FEN PLUS™ *work?*

Specific compounds within the herbal extracts inhibit the 5-alpha-reductase *(and therefore reduce DHT)* to prevent or slow down the rate of hair loss. This process is the principle by which the prescription drugs such as Propecia *(finasteride)* work. However, BIO-FEN PLUS™ also contains additional compounds which remove excess cholesterol and testosterone – the building blocks of DHT.

BIO-FEN PLUS™ also contains vitamins to increase blood flow to the small capillaries that feed the hair roots, to deliver the active herbal compounds and remove waste. **Therefore, BIO-FEN PLUS™ provides a natural, safer alternative to expensive drugs, and/or expensive & painful hair transplants.** As with the prescription alternatives, results vary from person to person, and no one product will work for everyone.

How long must I use BIO-FEN PLUS™ *?*

BIO-FEN PLUS™ capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or further hair loss is stopped.

Anyone experiencing new growth will see it within four to six months. Once results become apparent, some users are able to reduce their BIO-FEN PLUS™ supplement dose to one capsule every second or every third day. Some clients will continue to take BIO-FEN PLUS™ daily. Once you stop completely, however, your hair growth pattern will slowly go back to the point where you started.

How safe is BIO-FEN PLUS™ *?*

The ingredient combination in BIO-FEN PLUS™ is generally safe for most adults. However, the following cautions are advised:

Folic acid: Consult a health care practitioner if you are uncertain whether or not you are taking adequate vitamin B12, as folate supplementation can mask a Vitamin B12 deficiency.

Vitamin B3: Consult a health care practitioner prior to use if you have impaired liver function.

Vitamin B6: Consult a health care practitioner prior to use if you are taking levodopa.

What is the quality of BIO-FEN PLUS™ *?*

BIO-FEN PLUS™ is manufactured in Canada according to a quality assurance program called Good Manufacturing Practices *(GMP)*. This ensures that the ingredients are tested for their level of quality, potency & purity, prior to production and again prior to sale.

See our website to locate your nearest Health Food Store or Pharmacy that offers BIO-FEN PLUS™ and other quality products from Hair Grow Technology. If you have any questions or comments about our products that target hair loss and support the growth of strong, healthy hair, please do not hesitate to contact us.

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Flax lignans, standardized to 20% secoisolariciresinol diglucoside *(SDG)*	100 mg
D-calcium pantothenate *(Vitamin B5)*	10.40 mg
Niacinamide *(Vitamin B3)*	10.25 mg
Pyridoxine HCl *(Vitamin B6)*	2.00 mg
Riboflavin *(Vitamin B2)*	1.58 mg
Folic acid	0.095 mg
Biotin	400 mcg

Non-medicinal ingredients: inert microcrystalline cellulose and vegetable-based magnesium stearate in a veggie-based capsule.

Recommended adult dose: one capsule per day

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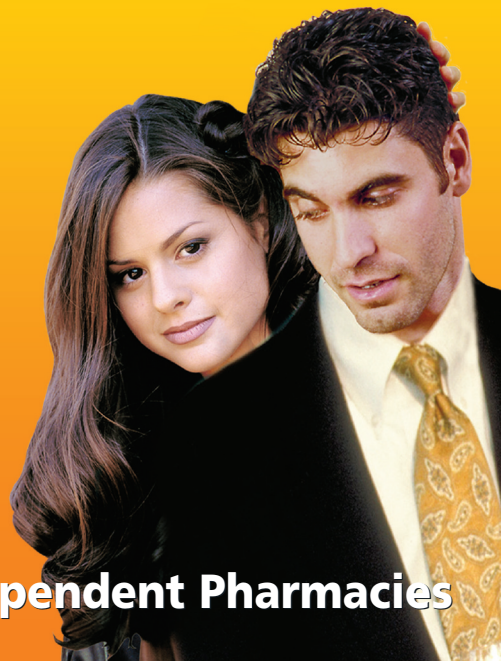

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Father's Day GIFT GUIDE

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Gifts for the tech lover

RAFAEL BRUSILOW
for Metro Canada

Everyone knows dads love their gadgets, and with Father's Day just around the corner, the pressure is on to find the perfect gift.

These days more people are looking for ways to secure that "wow!" potential without breaking the bank — that's why this year, Metro is featuring both fancy and frugal picks to fit any budget.

CAMERAS

Canon PowerShot SD780 IS digital camera, $299

frugal

Sleek and sexy, Canon's newest Powershot is light and skinny yet powerful, with an optical stabilizer and 3x optical zoom lens attached to a 12.1 megapixel sensor. It also shoots HD movies and has an HDMI slot for easy playback output onto your HD TV. Pick it up and play with it in a store — you'll understand right away why it just feels "right" to the touch.

Canon Digital Rebel T1I digital SLR camera, $999

fancy

Canon's new face-melting SLR smashes the term "entry-level SLR" into meaninglessness with a 15.1 megapixel sensor, DIGIC 4 Image Processor, full HD video capture at up to 1920x1080 resolution, a large 3-inch LCD with anti-reflective and scratch-resistant coatings. SLR cameras use much larger silicone sensors than smaller, point-and-shoot cameras, which is part of the reason why pictures taken with an SLR look so much clearer and more vibrant. With its HD video capabilities and outstanding photo quality, attached to an entry-level price less than $1,000, Canon's T1I is a great buy for a dad who wants to graduate to a "real" camera.

TVS

Panasonic TC-P42G10 plasma television, $1,299

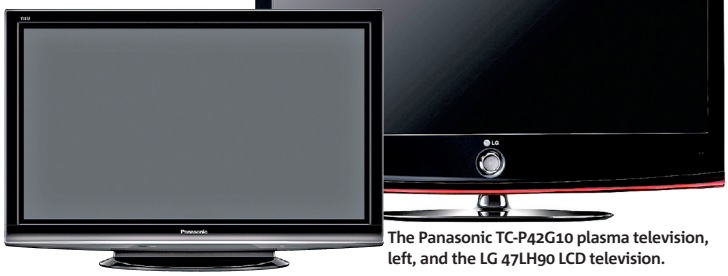
frugal

A plasma television that scored a big hit with reviewers, the 42-inch G10 is a great bargain as an HD TV that is full of features and has a surprisingly high level of quality for its price tag. True black colour reproduction and overall colour accuracy is very good and the TV uses less power than most other plasmas in its category.

LG 47LH90 LCD television, $2,899

fancy

An intelligent, luxurious HD 1080p TV for the discerning dad, LG's 47-inch LH90 has an LED backlit panel for increased clarity and colour detail. The TV's 240Hz TruMotion technology drastically eliminates on-screen motion blur when watching sports or gaming and an intelligent sensor inside the TV actually adjusts the picture to optimize it for the viewing conditions in the room. With a contrast ratio of 2 million to 1, expect dad's eyeballs to get dazzled for a good, long time.



The Panasonic TC-P42G10 plasma television, left, and the LG 47LH90 LCD television.

MOBILE PHONES

LG Rumor 2, $269 without a plan or $39.95 with a three-year plan from Bell

frugal

Despite all the hoopla about the newest Apple and BlackBerry phones, LG's Rumor 2 sneaks in with a plethora of equivalent features for a very attractive price. Featuring a slick, sliding-faceplate design that sports a full QWERTY keyboard, the phone has Bluetooth Stereo, a 1.3 megapixel camera and built-in music player with up to 16 GB of expandable memory.

Apple iPhone 3G 32GB, $299 with a three-year contract

fancy

The shrewd marketers at Apple are releasing their newest iPhone juggernaut tomorrow — just in time for Father's Day — and it does appear to live up to the hype. Letting you shoot VGA video or just take pictures with its new 3 megapixel camera, the phone is also purportedly the fastest iPhone yet for web-surfing and email.

OTHER COOL STUFF

YUBZ Retro Mobile Handset, $44.95

frugal

A nifty throwback to the times when you only had to hold a receiver up to your face, the handset plugs directly into your mobile phone for old-school talking. Features a volume slider and one-touch answering, and it's purported to reduce radiation hitting your face as you talk by 95 per cent.

The YUBZ Retro Mobile Handset, right, and the Vuzix iWear AV310 Widescreen video eyewear are two out-of-the-box gifts you could give your dad on Sunday.

Vuzix iWear AV310 Widescreen video eyewear, $249

fancy

Featuring a 16:9 widescreen display that simulates a 52-inch screen, the Vuzix AV310 looks like something right out of Star Trek and is sure to be a distinctive gift for a dad who wants something none of his friends probably have yet. The glasses' adapter can plug right into an iPod or any other video device and lets you privately watch up to 11 hours of video on a single AA battery.

celebrate
Dad

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Only redeemable in Canada.

Sears

Scent of a man
This Numero 003 eau de toilette by F/P Homme ($24/30 mL; $45/100 mL) features fresh and marine top notes. For more, go to ca.fruits-passion.com. METRO NEWS SERVICES

Help him get his groom on

JANINE FALCON
for Metro Canada

Here are some easy gifts for dad, whether he's a courtside, driveway-hoops or kick-back kind of guy.

To get his groom on

Kiehl's Close Shaver Rinseable Oil for a super-smooth shave and skin, $26; at Kiehl's boutiques, kiehls.com for locations.

Vichy Homme Hydra Mag Eye Stick fights dark circles and under-eye bags, 4 mL, $26; at select drugstores.

Gillette Father's Day Gift Set, featuring a Fusion Power Gamer five-blade razor, HydraGel Shave Gel, G3X Clear Gel Deodorant, Dry Skin Hydrator + Body Wash and Clean + Condition 2-in-1 shampoo, $24.99 (a $35-value); at drugstores.

C.O. Bigelow Mentha Hair Mint-Infused Shampoo for a wake-up tingle, 200 mL, $14.50; at bathandbodyworks.com.

Zirh Julius Caesar citrus Warrior Shower Gel, one of five shower gels inspired by ancient warriors, 350 mL, $27 each; go to zirh.com for retailers.

Matter All-Heal Salve for cuts, scrapes or seriously dry skin, an all-natural healing balm with a light, outdoorsy scent, 42 g, $18; mattercompany.com for retailers.

Nautica Oceans 100-per cent biodegradeable, water-based cologne, 50 mL, $57; at drug and department stores.

Fragrance Sampler & Certificate gives dad 10 scents to try plus a gift certificate for a full-sized bottle of his favourite, $70; at Shoppers Drug Mart.

To get his groove on

Gant rugger shirts, $98 each; at The Bay, or call 1-800-652-9839 for retailers.

Tommy Bahama linen shirt, $128; www.tommybahama.com for locations.

Quagmire Plaidwick golf shorts, $69; at Golf Town and Sporting Life.

Oakley Felon polished gold/dark grey shades, $210; oakley.ca.

Swatch Chrono Plastic watch with silicone strap, $135; swatch.com for retailers.

Roots Cargo Bag in rustler/pebble leather, $198; at Roots stores.

Philip Sparks Canvas Desert Boot, $130; log on to philipsparks.com for retailers.

Clockwise from top left: Oakley Felon shades, $210; Gant rugger shirts, $98 each; Quagmire Plaidwick golf shorts, $69; Philip Sparks Canvas Desert Boot, $130; Roots Cargo Bag, $198; and Tommy Bahama linen shirt, $128.

5 hot items for the golf-loving dad

1 FT Performance Stand Bag: Callaway's fully integrated nine-pound stand bag includes an easy-access magnetic pocket and a stay-open ball pocket. Retails for $219.99 at Golf Town and Nevada Bob's Golf.

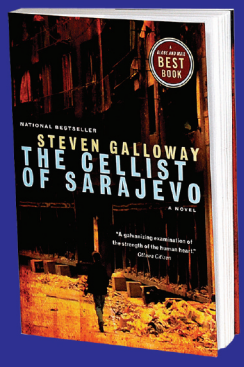
2 Men's XTT Comp Golf Shoes: Made from full-grain waterproof leather, Callaway's XTT Comp Golf Shoe will take care of dad's feet so he can concentrate on his game. Available in black/black (left), white/black, sultan brown/sultan brown, or white/sultan brown. Available for $149.99 at Golf Town and Nevada Bob's Golf.

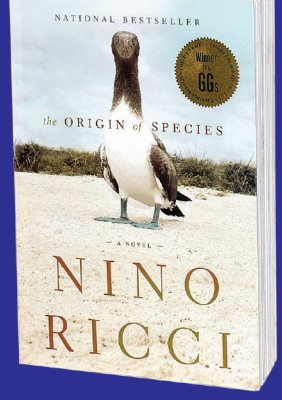
3 Oakley Radar Sunglasses: With three interchangeable lens shapes to control the amount of sun protection and a revolutionary hydrophobic lens coating, this sleek accessory repels water and skin oils. Retails for $190 at Golf Town (golftown.com).

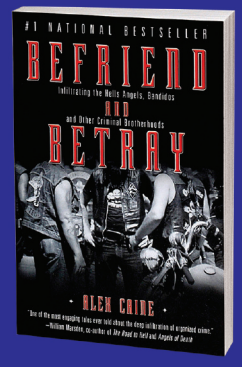
4 Ion Men's Glove: Callaway's advanced men's leather golf glove is designed to maximize performance. Available for $27.99 at Golf Town (golftown.com).

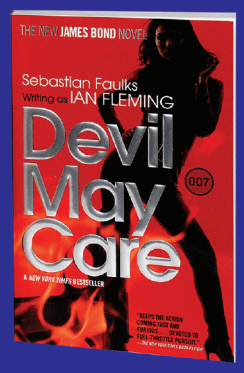
5 Dunning Performance Wovens: These Canadian-made pieces help men of all ages look stylish and remain bone dry in any business or casual environment. Available for $109.99 at Golf Town (golftown.com).

Dad doesn't need to know how little you spent.









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Books = Gifts

Show him how you feel
This "dadvice" mug is a great daily reminder of how you feel about your dad. Available at Hallmark for $9.95. For more, go to hallmark.ca. METRO NEWS SERVICES

Storage systems — like these Black & Decker garage wall cabinets, $99.99; base garage cabinet, $149.99; and garage tall cabinet, $199.99, all available at Canadian Tire — make a great gift.

Functional gifts for him

Dad is often a practical guy, but doesn't always buy the items he'll use most for himself.

This Father's Day, give him a gift that he will not only use, but will also make his life easier.

Interchangeable tools
For the dad who loves tools, but doesn't have the space to store them and their various accessories, interchangeable items are the perfect gift. Available at Canadian Tire is the line of Mastercraft power exchange tools and the Yardworks lithium ion lawn and garden tools. Both lines use an interchangeable battery to integrate a variety of items, eliminating the need for a new power source for every tool.

Lawn and garden gadgets
If dad loves having an immaculate lawn that is the envy of the neighbourhood, try a gardening gadget sure to make his regular maintenance routine a bit easier. The Fiskars stand-up weeder is ergonomic and fun to use, while the Yardworks tip-resistant wheel barrow eliminates spills and is easy to handle.

Organization/storage
Storage systems are a great way to help dad keep his workshop organized so he can complete his weekend projects faster and easier.

Automotive necessities
Nobody likes being caught unprepared, and for the dad who prides himself on being ready for anything, a practical gift that will get him out of a difficult situation is sure to be appreciated. Items such as portable GPS navigation systems, a power inverter that converts battery power into household power or a portable air compressor are all items dad will appreciate having in his car in a sticky situation.

NEWS CANADA

How to choose the perfect card

Before you go card shopping, ask yourself: What kind of dad is he?

Gadget lover
He is fascinated by cool new technology.
Best choice: He'll appreciate the latest — a sound card that features dual speakers and an interactive remote control to bring him a message.

Comedian
He's the king of silly.
Best choice: Get him a card that reflects his specific type of humour.

Big softie
Your dad's never been shy about telling you how much he loves you.
Best choice: Reciprocate his feelings.

Social advocate
Dad's your hero. He's proof one person can help make the world a better place.
Best choice: Get a card that makes a difference, such as a Hallmark RED card — a portion of the sales goes to fight AIDS in Africa.

Movie buff
He memorizes movie credits and quotes his favourite scenes.
Best choice: A card with a movie quote is your best bet. Something like, "I am your father" from Star Wars would be perfect.

Sports fan
He's a tad obsessed.
Best choice: From fishing to golf, there's a card for most sports. There's even a music card that plays the opening theme of Monday Night Football.

Music lover
He loves you, but his record collection is his pride and joy.
Best choice: Pick a card that plays a tune. There are lots to choose from.

For more inspiration, go to hallmark.ca. NEWS CANADA

celebrate dad

Fathers's Day Sidewalk Sale
Thursday, June 18 - Friday, July 3

Tech Toys • Fashion & Accessories • Cologne
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Fragments Jewellers
Freshii
Great Canadian News
Great Steak & Potato Company
Just Gorgeous
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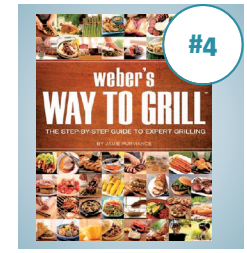
For the spirit lover
Show your dad you love him with a bottle of the prestigious cognac, Hennessy X.O. For more, go to lcbo.com or hennessy.com. METRO NEWS SERVICES

Gifts for the everyman



#1 A ticket to ride
Visit: lowes.ca
John Deere 22 HP-42" Lawn Tractor, $2,447 exclusively at Lowe's.

#2 If he prefers scotch...
Available across Canada
The Macallan 12-year-old single malt Scotch is great with chocolate, $56-$89.

#3 If he loves whisky...
Available across Canada
This Highland Park 18-Year-Old scotch ranges in price from $86-$149.

#4 For the grillmaster
Visit: amazon.ca
Weber's Way to Grill, by Jamie Purviance, $20.48 at Amazon.ca.

#5 What makes him tick
Visit: longines.com
Longines Master Collection Retrograde Watch, $5,600.

#6 Make him take a seat
Visit: canadiantire.ca
Coleman's XL Broadband Quad Chair, $36.99 at Canadian Tire.

#7 Get him grilling
Visit: presidentschoice.ca
This PC Home 18" Charcoal Grill also has foldable legs, $89.99.

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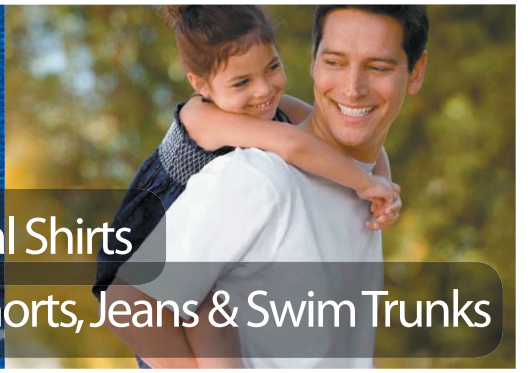

28 father's day gift guide

Stock up his garage

#1 Quench his thirst

Visit: hallmark.ca

This sleek and sturdy black dad-ven-ture water bottle is $9.95 at Hallmark.

#2 For the DIY guy

Visit: canadiantire.ca

Stanley 149 Black Chrome Mechanics Tool Kit, $299 at Canadian Tire.

#3 Add to his toolbox

Visit: homedepot.ca

Ridgid 12v Lithium-Ion Cordless Drill/Driver, $149 at Home Depot.

#4 Keep him on track

Visit: walmart.ca

This Garmin navigator is available for $248.87 exclusively at Walmart.

#5 Hook, line and sinker

Visit: walmart.ca

This Shakespeare Ugly Stik combo, $39.94, includes a 6'6 medium action rod.

Aurora's Summer Sale!

Lemon Tree Marketing

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▶ Braun cordless shaver
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▶ Braun Series 7 cord cordless Shaver
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▶ Bosch 12 cup coffee maker
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▶ Breville Juice fountain
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Hot item on eBay — pricey pots and pans

Three Ohio men are accused of stealing merchandise from the gourmet cookware plant where they worked and selling the pricey pots and pans on eBay. The Perrysburg Township Calphalon factory near Toledo discovered the losses in January. THE ASSOCIATED PRESS

Business

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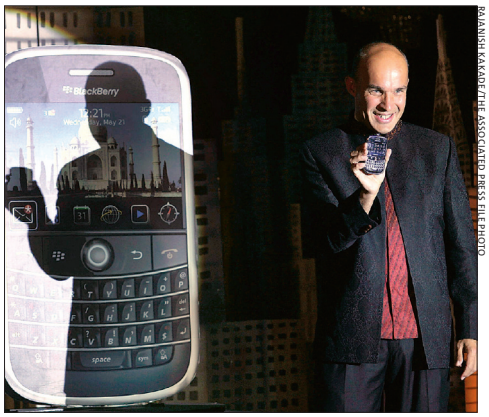
EDITOR: FERMIN.DESOUZA@METRONEWS.CA



RAJANISH KAKADE/THE ASSOCIATED PRESS FILE PHOTO

Research In Motion co-CEO Jim Balsillie's dream of acquiring an NHL hockey team is not seen as a major concern by analysts.

RIM outlook good: Analysts

Balsillie's hockey quest not seen distracting BlackBerry maker

Research In Motion is expected to report another solid quarter today, but co-CEO Jim Balsillie's high-profile quest for another hockey team in Canada raises the question of whether it could divert his attention away from the company.

"There are those who would question whether Jim Balsillie is being, or might be, distracted by this protracted bid," said Carmi Levy, an analyst at consulting firm AR Communications Inc.

"That guy works the hours and travels the miles of three CEOs already."
Mark McKechnie, New York analyst

The billionaire executive's attempt to acquire the Phoenix Coyotes has dominated headlines since it began early last month.

"That guy works the hours and travels the miles of three CEOs already," said Mark McKechnie, an analyst at Broadpoint Gleacher Securities Group in New York.

The hockey bid is "something to think about and factor in, but it's not a major concern for me."

"My sense is he's got lawyers and a lot of people doing that work for him."

Analysts have been relatively optimistic about RIM's first-quarter earnings. It marks the first overtly optimistic outlook for the company since last year, after some analysts downgraded their position during the fourth quarter on fears the portable device maker's growth would stall in the tough economy.

Most of that pessimism evaporated after RIM outperformed analyst expectations in the fourth quarter. THE CANADIAN PRESS

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In brief

NEWSPAPERS The Boston Globe's management and its largest union say future talks on wage and benefit cuts are planned after an all-night negotiating session that lasted until daybreak yesterday failed to yield an agreement. A Globe spokesperson said a management-imposed pay cut of 23 per cent remains in effect following the latest talks. The Globe lost $50 million US last year and was on track to lose $85 million US this year.

ENERGY Vancouver-based junior oil and gas company TAG Oil Ltd. said yesterday it has reached a binding agreement to acquire the remaining stake in the Cheal oil and gas field in New Zealand for $2 million US. Under the transaction, TAG will acquire the 69.5 per cent remaining stake from Austral Pacific Energy Ltd., and will own 100 per cent of the field once the deal closes. In exchange, TAG will give Austral $2 million US. METRO NEWS SERVICES

YouTube's losses not as deep as estimated?

STUDY Internet video leader YouTube Inc.'s losses have been overblown by some analysts, but corporate parent Google Inc. doesn't mind the misperception, according to a study released yesterday.

$1.76B The amount Google paid when it bought YouTube in late 2006. YouTube has become even more popular since then, but it still hasn't proven it can make money.

Technology consultants at RampRate Inc. project YouTube's operating losses this year at $174.2 million — far below the $470.6 million estimated by Credit Suisse analysts in an April research report that became a hot topic on Wall Street and the Internet.

Google, which bought YouTube in 2006, has acknowledged YouTube isn't profitable, but has refused to provide any specifics.

"Most people build outside views of what it costs us to do things, and often they exaggerate," Google's chief financial officer, Patrick Pichette, told Maclean's.

RampRate reasons the perception of large losses at YouTube helps Google negotiate more favourable contracts with movie, TV and music studios licensing their video. What's more, copyright owners also are less likely to go to court in pursuit of unpaid royalties and damages if they believe YouTube is a big money loser, according to RampRate's thesis. THE ASSOCIATED PRESS

MARK LENNIHAN/THE ASSOCIATED PRESS

FedEx said it posted a bigger fiscal fourth-quarter loss, weighed down by hefty one-time charges, but adjusted results came in well above expectations on Wall Street.

FedEx sees difficult times ahead

EARNINGS FedEx Corp. yesterday warned it expects earnings well below analysts' views in the next quarter, after it posted a bigger fiscal fourth-quarter loss due to hefty one-time charges.

The Tennessee-based company's adjusted fourth-quarter results came in above expectations on Wall Street. It lost $876 million, or $2.82 per share in the three month period ending in May, compared with a loss of $241 million, or 78 cents per share a year ago.

Executive vice-president Alan B. Graf Jr. said still-sluggish manufacturing activity and another run-up in fuel prices will hinder earnings in the near future. THE ASSOCIATED PRESS

Banro to issue $100 million of common shares
Canadian gold-exploration company Banro Corp. says it will issue 43 million of its common shares, an increase of nearly 70 per cent, for total gross proceeds of $100 million to help fund its gold projects in the Democratic Republic of Congo. THE CANADIAN PRESS

U.S. gasoline prices rise for 50th straight day

STREAK Retail gasoline prices in the U.S. climbed for the 50th straight day yesterday, the longest streak in records dating to 1996, as crude prices that had slumped all week bounced back.

Historically, gas prices tend to rise during the summer as millions of vacationing Americans pour onto the highways. A surge in crude prices during the past few months and less production from the refiners has added even more pressure on prices.

"Refiners slowed production and did a lot of maintenance on the expectation that this was going to be a lousy year for demand," said Fred Rozell, retail pricing director at Oil Price Information Service.

Pump prices added a half-cent overnight to a new national average of $2.679 US a gallon, according to auto club AAA, Wright Express and Oil Price Information Service. A gallon of gas has jumped nearly 37 cents in a month. That's still cheaper than a gallon of gas three years ago in June.

Meanwhile, oil rose above $70 US a barrel after a key government report said that crude held in U.S. storage houses fell for the third straight week.

THE ASSOCIATED PRESS

Prices in Canada

- The price of gas averaged $1.045 per litre in Canada, up from 97.2 cents a month ago, but down from $1.38 a year ago, according to price-watching website GasBuddy.com.

CRAIG BLANKENHORN/NEW LINE CINEMA/THE ASSOCIATED PRESS

Jimmy Choo is one of the favourite pump labels of Carrie, Sarah Jessica Parker's character in Sex And The City.

H&M to carry Choo designs

High-end name, lower price

Fashionistas who don't want to spend $1,000 US to get their Jimmy Choo shoe fix can soon turn to Swedish fashion retailer H&M, which will offer a new line of shoes at a fraction of the cost as part of a new partnership with the famed designer.

Hennes&Mauritz AB said the famed shoemaker will launch the collection in 200 H&M stores on Nov. 14, including covetable shoes and bags as well as a women's clothing line to match them.

Jimmy Choo will also provide a men's collection of shoes, bags and accessories.

According to Jennifer Uglialoro, a spokeswoman for H&M's U.S. business, most of the footwear will range from $99 to $129 for boots, though there are over-the-knee boots priced at $299. Shoppers can also find ballet flats for $59.95. Handbags will be priced from $59.95 to $299.

As for clothing, shoppers can find $69.95 sequins tank tops and $249 suede one-shoulder dresses. Uglialoro noted that the collection will be sold in about 10 to 12 U.S. stores in major markets, but those locations have not yet been decided.

THE ASSOCIATED PRESS

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Michelin Voluntary job cuts

MICHEL SPINGLER/THE ASSOCIATED PRESS

The symbol of tiremaker Michelin takes part in a parade for the 24 Hours of Le Mans endurance race last week. French tiremaker Michelin confirmed yesterday it plans to cut 1,093 jobs over a three-year period starting in 2010 through voluntary departures. It said no workers will be laid off.

Four big American banks pay back U.S. bailout money

BAILOUT JPMorgan Chase says it has repaid in full the $25 billion US in government bailout funds it received last fall.

The New York-based bank says it also plans to notify the U.S. Treasury Department of its intent to repurchase the 10-year warrants issued to the government as part of its investment in the bank.

JPMorgan received the loans as part of the Troubled Asset Relief Program, or TARP.

Morgan Stanley, U.S. Bancorp and BB&T Corp. also have announced they've paid back money they received from the government.

Last week, the U.S. government granted 10 of the country's largest banks approval to pay back a total of $68 billion US in funding from TARP.

Yesterday was the first day the banks were eligible to begin repaying the funds.

THE ASSOCIATED PRESS

MARK LENNIHAN/THE ASSOCIATED PRESS

JPMorgan Chase & Co. announced yesterday that it repaid in full the $25-billion US preferred stock investment it accepted through the Troubled Asset Relief Program in the United States.

Exporters optimistic, survey finds

JUMP Canadian exporters are feeling a little more confident about the state of the world and domestic economies.

A new survey by Export Development Canada shows Canadian firms that export believe the world and domestic economies are on the mend and will improve their prospects.

The survey represents the biggest jump in confidence since the 9/11 terrorist attacks in 2001, lifting the EDC index to 68.5 from a record low of 61 registered six months ago. But EDC chief economist Peter Hall cautions that confidence remains low by historical standards and only marginally ahead of the historical low point in 2001. THE CANADIAN PRESS

$900M deal for Cubs still on

A spokesman for Tom Ricketts, who heads his family's nearly $900-million US bid to buy the Chicago Cubs from Tribune Co., says the deal is still on. Dennis Culloton, who represents Ricketts, said yesterday that media reports suggesting otherwise are untrue. He said negotiations are moving along positively. METRO NEWS SERVICES

Sports

Burke blasts Heatley

Toronto Maple Leafs general manager Brian Burke isn't interested in acquiring Dany Heatley — and he isn't fond of the all-star forward's decision to request a trade out of Ottawa. Burke lambasted Heatley and agent JP Barry during a telephone interview yesterday on the NHL Network, saying that no trade demand should become public. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Sports in brief

SOSA A congressional committee will look into former baseball slugger Sammy Sosa's denial that he used illegal performance-enhancing drugs in light of a report that he tested positive in 2003.

TENNIS Defending champion Rafael Nadal and top-ranked women's player Dinara Safina were seeded No. 1 for Wimbledon yesterday. Toronto's Daniel Nestor and partner Nenad Zimonjic are seeded second in the men's doubles. French Open champ Roger Federer is seeded No. 2 among the men.

GOLF Actor Kevin Costner will take part in the inaugural Mike Weir Charity Classic, the Royal Canadian Golf Association announced yesterday. Costner highlights a field that includes NHL stars Martin Brodeur and Rick Nash, two-time NBA most valuable player Steve Nash, Canadian rocker Tom Cochrane and American comedian George Lopez.

METRO NEWS SERVICES

Wanted: Goals

Toronto FC must win by 4 to take Voyageurs Cup

Two years ago yesterday, Toronto FC scored its biggest victory in team history — a 4-0 thumping of FC Dallas at BMO Field.

A repeat is what's required tonight in Montreal as TFC closes out the Nutrilite Canadian Championship against the Impact.

A win by at least four goals gives TFC its first trophy, the Voyageurs Cup, and a place in the CONCACAF Champions League against the top teams in North America, Central America and the Caribbean.

Anything less and the other team in the six-game competition, the Vancouver Whitecaps, takes it.

"We're going to go out there all guns blazing," said striker Danny Dichio, who scored one of the goals in that game against Dallas in 2007.

Dichio, TFC's all-time leading scorer with 14 goals, backed up his argument that "anything can happen in soccer" by recounting the game in 1997 when his Queen's Park Rangers came back from a 4-0 deficit at halftime to tie an English first division game at Port Vale.

"We know what we've got to go there and do," Dichio said. "It's like a carrot dangling in front of us. ... If we want to advance, we've got to get four goals."

It wasn't supposed to be this way.

TFC, Canada's only Major League Soccer team, was in control of this year's competition. They dominated both Vancouver and defending champion Montreal in two home games, but a lack of finishing touch around the net meant they could only claim 1-0 wins each time.

That poor scoring touch came back to haunt TFC when they dropped a 2-0 game in Vancouver.

TORSTAR NEWS SERVICE

Ricketts released

- Toronto FC yesterday came to an agreement to terminate the contract of midfielder Rohan Ricketts. Ricketts, 26, joined the club April 11, 2008. Ricketts leaves Toronto with four goals, four assists, and one caution.

Blue Jays Sliding home

TOM MIHALEK/THE ASSOCIATED PRESS

Toronto's Aaron Hill scores on a Scott Rolen single by sliding under Philadelphia catcher Chris Coste last night. Toronto won 7-1. For a game recap, visit metronews.ca/sports.

Jays' DL grows by three

The Toronto Blue Jays will place ace Roy Halladay and closer Scott Downs on the disabled list today, a day after right shoulder inflammation forced starter Casey Janssen to the 15-day DL.

The flurry of injuries leaves the team without its top five starters and best reliever. Dustin McGowan, Shaun Marcum and Jesse Litsch were already on the DL.

Halladay has been nursing a strained right groin suffered in his outing last Friday against Florida and the club hoped he might be ready to pitch Saturday in Washington. But he threw a bullpen session yesterday and realized that wasn't possible.

Downs, meanwhile, was diagnosed with a strained big left toe suffered in Tuesday's 8-3, 10-inning win at Philadelphia. He was hurt while swinging at a pitch during a rare interleague at-bat.

No replacements for Halladay and Downs were immediately announced, but top prospect Brad Mills had his contract purchased from triple-A Las Vegas to replace Janssen in the starting rotation.

Mills, 24, nearly earned a spot with the Blue Jays out of spring training and will make his big-league debut tonight in Philadelphia.

In 13 starts for the Las Vegas, he's 1-8 with a 4.48 ERA but has held opponents to three or less runs in 10 of his 13 starts.

THE CANADIAN PRESS

Sports in brief

VOTTO Cincinnati Reds first baseman Joey Votto was expected to head to a minor-league rehab assignment last night. The Toronto native has been on the disabled list since May 30 with stress-related issues.

WORLD CUP North Korea qualified for its first World Cup finals since 1966 when it drew with Saudi Arabia 0-0 yesterday. North Korea joined Australia, Japan and South Korea as Asia's automatic qualifiers.

BASEBALL Pedro Martinez could be back on a major league mound soon. The right-hander said yesterday that he has had talks with the Chicago Cubs and Tampa Bay Rays and hopes to sign a contract in the near future. METRO NEWS SERVICES

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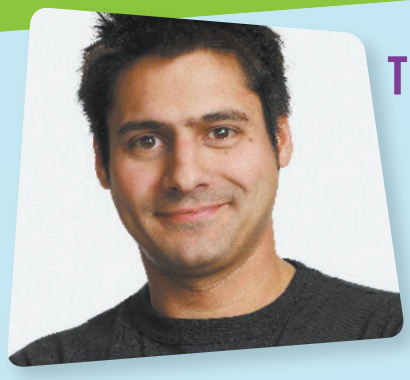

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NHL hits Vegas
The NHL is going for a little glitz and glam by announcing its award winners at the Palms Hotel Las Vegas tonight. THE CANADIAN PRESS

L.A. celebrates Lakers

Tens of thousands of jubilant Los Angeles Lakers fans flooded downtown L.A. yesterday, creating a tidal wave of purple and gold as they celebrated the storied franchise's 15th NBA title with a high-energy parade and rally paid for by the city's movers and shakers.

People clad in the team colours stood 20 or more deep along the four-kilometre route from Staples Center, their home court, to the packed Los Angeles Memorial Coliseum.

A convoy of double-decker buses carrying players, coaches and the Laker Girls cheerleaders drew whoops and hollers along the route. Their arrival outside the 95,000-seat stadium brought a huge roar from those assembled for the rally.

"Thank you for all the support, baby. We love you. Let's go, Lakers," veteran guard Derek Fisher shouted to fans along the parade route.

Fisher all but ripped the heart out of the Orlando Magic with a pair of three-point shots that sealed a Game 4 victory in the NBA Finals. The Lakers needed just one more game to clinch the championship Sunday.

Leticia Gutierrez watched the procession squeezed against a chain-link fence separating fans from the buses. She didn't mind the cramped quarters. "It's a great thing to be a part of," she said. "We got passion and motivation. We're rowdy."

In the days before the event, much was made of its estimated $2-million US cost, with critics complaining that a city a half-billion dollars in debt and facing layoffs could not afford the celebration.

But private donors stepped up at the 11th hour and in an unusual move underwrote most of the cost. THE ASSOCIATED PRESS

RICHARD VOGEL/THE ASSOCIATED PRESS

Los Angeles Laker Kobe Bryant waves yesterday as the Lakers NBA championship parade gets underway in Los Angeles.

IN PERSON
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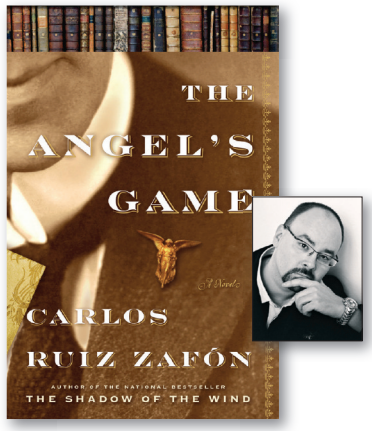

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Metro Homes

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Your home should always be a haven — a place to relax and recharge. But the comforts of even the most well-appointed home can't shine through dust, dirt and allergens. That's where Hoover's Platinum Series comes in. Check out this week's Metro Homes section for more.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

T.O. takes going green plan through the roof

Bylaw on green roofs one of the more stringent in North America

JON TATTRIE
for Metro Canada

Putting a garden on your roof is a great way to make better use of city space, protect the environment and save money in the long term.

While Canada lags behind world-leading cities like Chicago for developing green roofs, Toronto recently vaulted into first place with laws requiring a portion of green roofs on a range of new buildings from Jan. 31 next year.

Green roofs use "growing media," a blend of lightweight aggregates and organic matters, to support layers of life in the sky. There is a high-quality water-proofing system, a root-repellant layer that protects the water-proofing and a drainage layer to avoid pooling water.

"Green roofs provide more benefits than any other green building technology by far. There's nothing that can even come close to touching it in terms of the diversity of benefits that green-roof technology can bring," says Steven Peck, president of the Toronto-based industry association Green Roofs for Healthy Cities. "There are extensive green roofs, which are six inches or less, and intensive green roofs, which are more than six inches and are often called 'roof gardens.'"

"Green roofs provide more benefits than any other green building technology by far. There's nothing that can even come close to touching it in terms of the diversity of benefits that green-roof technology can bring." Green Roofs for Healthy Cities President Steven Peck

Peck says they improve air quality, can produce food, create green jobs and even be used as recreational areas. "Hospitals will often use their rooftops and roof parks for patients and staff. We're seeing condominium owners creating roof parks for their tenants."

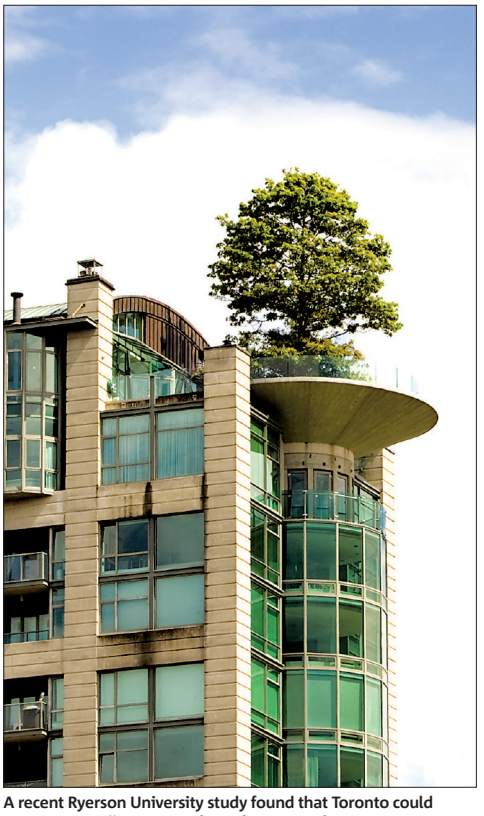
They also boost energy efficiency and reduce noise. Peck cites a Ryerson University study that found Toronto could support 500 million square feet of green roofs. "There's a lot of potential," he says.

The Mountain Equipment Co-op store on Toronto's King Street West installed its green roof in 1998.

"We just thought it was the right thing to do. We knew the benefits it offered and thought it was a worthwhile investment," says Dave Robinson, sustainability co-coordinator for MEC. He notes the expense of green roofing was initially a factor, but says MEC has long since made the money back in efficiency savings.

"It acts as an insulation blanket in both the winter and the summer time, so you don't have to use your heating and cooling systems as often," he says. "A green roof will allow your roof membrane to last one-and-a-half times longer than your average rooftop."

Once it's installed, little work is required. At MEC, a company comes in four times a year to check on the "prairie" field on the roof, but otherwise it's left to its own devices.



A recent Ryerson University study found that Toronto could sustain 500 million square feet of green roofs.

Century 21 names 21 hot locales

LIVING Neighbourhoods in the GTA fared well in a recent Century 21 Canada Hottest 21 Neighbourhoods survey. The survey shows that some of the Hottest 21 Neighbourhoods were Toronto; Toronto suburbs; Vancouver; Vancouver suburbs; Ottawa; Ottawa suburbs; Winnipeg; Halifax; and Regina. Here's a closer look at some of the hot GTA areas:

Etobicoke: The hottest neighbourhood in metro Toronto over the past year included the Centennial Park area in Etobicoke bounded east and west by Hwy. 427 and Etobicoke Creek and north and south by Eglinton Avenue and Queen Elizabeth Way.

Pickering: Another hot neighbourhood in metro Toronto includes Brock in the eastern suburb of Pickering bordered on the north and south by Finch Avenue and Hwy. 401.

Toronto: The hottest neighbourhood in the City of Toronto includes High Park bounded north and east by the CPR and CN tracks and on the south and west by Bloor Street and Runnymede Road.

Oshawa: One of the hottest neighbourhoods is Central Oshawa (bordered on the south and east by Lake Ontario and Oshawa Creek, on the north by Conlin Road and on the west by the Oshawa-Whitby town line.

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Monarch

Decor

Read more in the July issue of STYLE AT HOME magazine.
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Home & Style

White's the new black

COLOUR **Elegant and airy, this regal ring-back beauty is a natural at the head of the dining table.** Urban Cottage Upholstered arm-chair in white pantina, $280, Home Furniture, Homefurniture.ca

Iconic oven

FRENCH **Le Creuset's iconic enamelled cast-iron French ovens are at the core of every chef's kitchen, but in a heavenly new highgloss white finish, they redefine oven-to-tableware as something supremely stylish.** From $250, Le creuset, lecreuset.ca.

–BRETT WALTHER AND ANN MARIE FAVOT

Stunning Silhouettes

For picture perfect family photos, these fab frames are a quick way to jazz up any wall.
By Ann Marie Favot

1: Decora wood 4" x 6" $14, Umbra Concept Store. 2: Laurel white on black jasper 41/2" $160, Waterford Wedgwood. 3: GlucksteinHome glass 4" x 6" $25, The Bay. 4: Steven & Chris Bamboo silver 5" x 7" $30, Canfloyd Trading. 5: Geometric mirror 4" x 6" $27, Teatro Verde. 6: Indigo Life enamelled 4" x 6" $14, Chapters and Indigo Books & Music. 7: Vera Wang Wedgwood Grosgrain silver-plated 4" x 6" $70, Waterford Wedgwood. 8: Thin Box wood 4" x 6" $16, West Elm. 9: Bliss resin 5" x 7" $19, Umbra Concept Store.

FELIX WEDGWOOD PHOTO, FABRIC, LENS MILL STORE, RIBBON, MOKUBA

Home & Style

Table time

TABLE **Durable, stain resistant and easy to clean, Chilewich's woven vinyl is a pretty and practical alternative to stuffy starched linens.** 19"x57" Table Runner in white tuxedo stripe, $75, Chilewich, Chilewich.com

Lotus scent

CANDLE **Recharge your senses with celebrated scentster Jo Malone's new Lotus Blossom & Water Lily fragranced home candle. The sunny blend of mandarin, sacred lotus blossom, bamboo and aloeswood delivers the ambience of the exotic East at a mere fraction of the price of airfare.** $74, Holt Renfrew, Holtrenfrew.com, Jomalone.com.

–BRETT WALTHER AND ANN MARIE FAVOT

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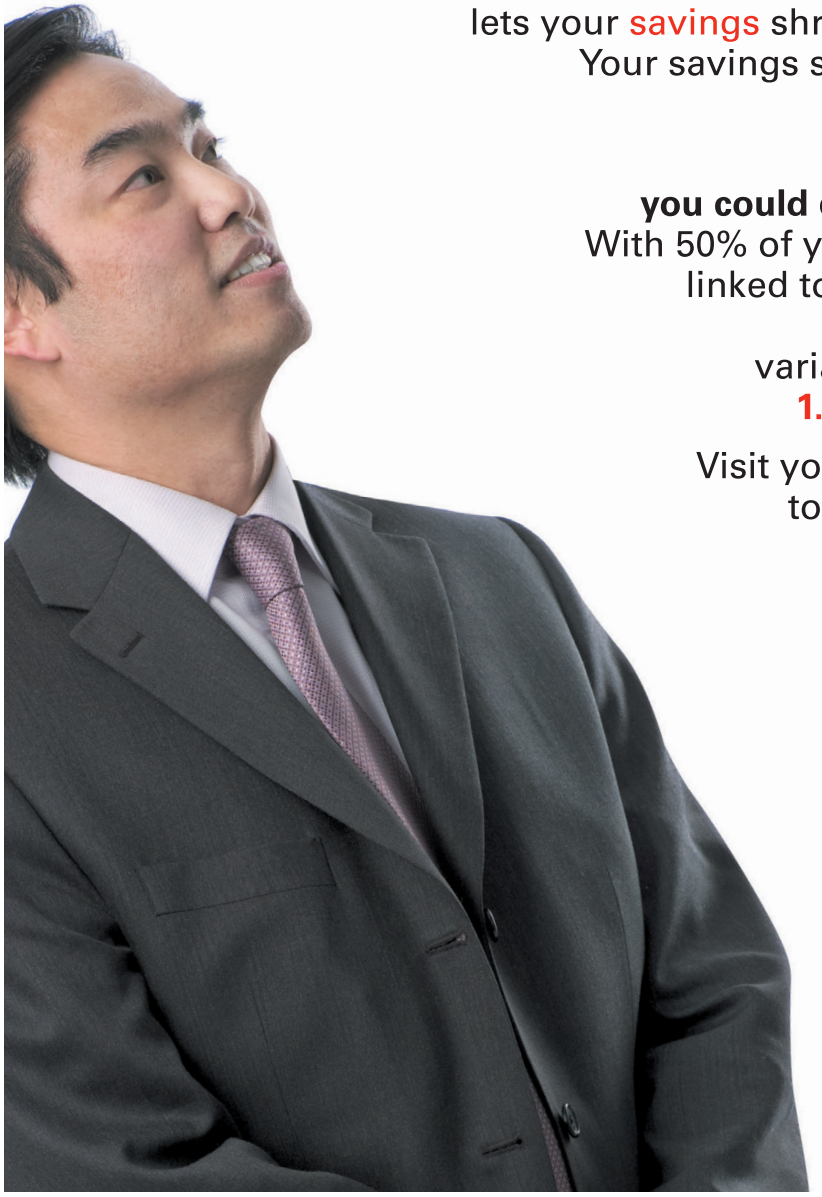

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Canadian Gardening Magazine
Read more in the June issue of Canadian Gardening magazine.
ON SALE NOW! canadiangardening.com

Outside Decor

Canadian Gardening

Clippings

Something to sprout about

GROWING Not satisfied with the selection of grocery store sprouts? Why not grow your own? For the freshest and tastiest crunch, Eco-culture Seracon sprouts come in an easy-to-grow kit that will add new flavour to your next stir-fry or sandwich. All seeds are 100 per cent certified organic and ready to eat in just three to six days. Choose from crunchy bean mix, ancient eastern blend, spicy lentil crunch or spring salad. $20 per kit.

–PRODUCED BY KARINA LEIMANIS

Rose-coloured items

Growing roses just got easier with these hot accessories for your great blooms

VIRGINIA MACDONALD PHOTO

- 1: Winnipeg Parks hardy **"Parkland" Rose,** $9.99, Canadian Tire
- 2: Hot pink **Watering Can,** $9.99, Canadian Tire
- 3: **Obelisk,** $12.99, PC
- 4: Coloured **Twine** (4-pack), $12.97, Canadian Tire
- 5: Snip & Strip **Rose Cutters**, $10.90, Lee Valley Tools
- 6: Lotus 57-inch **Obelisk,** $59.99, Sheridan Nurseries
- 7: **"Double Delight" Hybrid Tea Rose,** $9.99, Canadian Tire
- 8: Rose **Soil Mix** 1.0-0.2-0.1, $6.99, Fafard
- 9: Plastic **Hose Holder**, $4.99 (sprayed with Krylon Outdoor Spaces Satin Finish in Watermelon, starting at $5.99), Canadian Tire
- 10: President's Choice red premium **Hose**, $44.99, PC
- 11: Bionic **Rose Gloves,** $44.99, Sheridan Nurseries
- 12: Red plastic, durable trug, $9.99, PC.

–PRODUCED BY KARINA LEIMANIS

Clippings

Peaceful potting

STORE Once the last annual is in the ground, rest assured that every plastic pot, tray and flat can be responsibly disposed of. Nearly 800 Loblaw banner stores across Canada are in the second year of their Recycling Pot Program. From May to July, customers can return their plastic pots to participating garden centres. New this year, consumers will receive a $5 rebate on all purchases over $50, once they have returned 25 plastic pots. Last year more than 600,000 pounds of plastic was recycled, sent back to the manufacturer and reused for this year's pots. The program is available at Real Canadian Superstore, Loblaw Superstore, Atlantic Superstore, Fortinos, Loblaws among others.

–PRODUCED BY KARINA LEIMANIS

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Finance and fun

Suite Talk

RAFAEL BRUSILOW
for Metro Canada

To the left is a shot of the Monarch Couture's model suite, above is a shot of its view and to the right is an artist's rendering of the building.

Smartly modern furnishings, hardwood floors and innovative designs capture the essence of modernity at Couture, the latest development by Monarch.

Situated at Bloor and Jarvis close to both finance and fun, Couture offers easy access to the thriving parts of Toronto life coupled with the pleasures of fine condominium living.

Interior designer Mike Niven, who designed all the public spaces in the building, says Couture takes its cues more from European styling than anything North American in nature.

"The presentation of the building is sort of a slick fashion-forward idea — it's something that would come out of Europe more than Toronto," Niven said.

Clean lines dominate with a black-and-white theme accentuated by lighting features resembling dropping pins in the lobby while exotic woods and porcelains add a touch of deep-seated elegance. Rather than be garish and trendy, Niven says the goal was to maintain a sense of class and drama while staying current.

"We want to go after something that's modern and timeless. We're slightly playing with that sophistication — we're going to keep it pretty clean and modern. It's going to have a highly dramatic feel," Niven said.

The Niven-designed two-bedroom plus den showpiece suite features rich granite countertops and stainless steel appliances and is appointed in chic greys to counterpoint the dark laminate floors.

Suites come in one bedroom, one bedroom plus den, two bedroom and two bedroom plus den suites and range from 557 to 977 square feet. Prices start at $270,000 and Monarch is offering a limited-time savings of $30,000 off the purchase price of any suite.

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Do's and don'ts of

DIY painting, wallpapering projects and tiling can be tough, but aren't impossible

It's been more than a decade since glossy shelter magazines and home-improvement TV shows became popular. We've been hearing their drumbeat more steadily than ever lately: Go ahead and tackle a home decorating or repair project! We'll tell you how!

That can be good advice, especially in a recession. And many people are heeding the call, taking the do-it-yourself route rather than outsourcing home projects to professionals.

Sales are up at the major home-improvement chains and interior designers say many of their clients are curious about trying do-it-yourself projects around the house.

These projects can be great fun and a real money-saver. But choosing wisely and planning carefully are the keys to avoiding a DIY disaster.

Interior designer Mallory Mathison gets frequent calls to fix home improvement projects gone wrong. "A lot of people say, 'I've tried something myself and it didn't work.' So I'm coming in and fixing someone else's mistakes," Mathison says. "It definitely can cost more to try and do it yourself and then have someone come in and do damage control."

How do you make sure your weekend DIY project ends up a success?

Step one is research, says interior designer Janine Carendi. She recommends surfing online for free, step-by-step videos for a particular project.

"The nice thing about seeing it visually is you can actually follow the person, rather than reading instructions in language that might be foreign to you," she says. "A video is a good way to decide if you can do it, and it's great because they usually include a list of tools needed."

What projects are best for inexperienced DIY-ers?

PAINTING: Go for it.

Walls, furniture, even light fixtures — designers say painting is among the easiest and most affordable ways to improve a home yourself. Just don't cut corners. To make it look professional, you've got to clean and sand surfaces before painting.

Mathison suggests painting cabinets to give a kitchen an affordable facelift.

You can attempt to paint the ceiling, says designer Brian Patrick Flynn, but there may be a better route: One of Flynn's favourite new products is a laminate plank system for ceilings (he loves Armstrong's Woodhaven collection). It can be affixed over an existing ceiling with screws for a sleek, professional look.

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SARAH DORIO/THE ASSOCIATED PRESS

Brian Patrick Flynn suggests spray painting flea market finds but investing in professional upholstery if cushions are in need.

The house isn't for me, it's for the cats

Buying a **Home**

ROBYN YOUNG
for Metro Canada

Metro reporter Robyn Young will be taking readers on a whirlwind tour of the trials and tribulations of buying her first home. Check back every week for her accounts.

One thing I forgot to mention in last week's column was that aside from my own eagerness to stop sleeping at different friends' houses and carting my suitcase to new locations every three weeks, I have two lovely cats stuck in the basement of my parents' Mississauga home. Mostly, I'm buying a home for them.

So, as I begin my search, I am ever mindful of J-dog and O-bone, (Johnny and Oliver) and their need for space: At least one extra room for their stinky little toilet disguised as a sandbox and possibly some stairs to work off those few extra pounds they've gained while hanging out on the lazy boy chairs in the rec room.

When we left off last week I had a pre-approved mortgage for about $320,000 with a $25,000 down payment at an interest rate of 3.85 per cent to be paid over 25 years.

My next step was to find a realtor.

Friends and acquaintances eagerly offered up their agents as soon as I started talking about buying a place. I quickly had contact info for about four or five agents in my hands and didn't know what to do so a friend suggested I interview a few and then decide.

The first one I meet is my boyfriend's agent who sold him a funky, hard loft in the Leslieville area. Since my desired neighbourhoods are Leslieville, The Beach, Danforth, I decide to try her first because she seems to know these areas well.

I like her immediately.

My boyfriend told me she's very professional and that's exactly the vibe I get.

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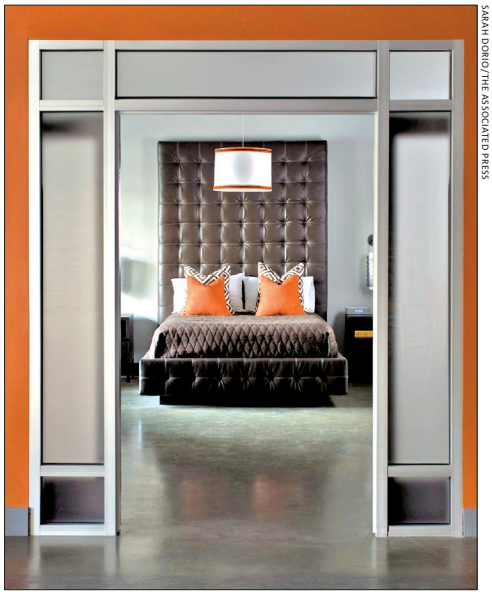
paint and paper



SARAH DORIO/THE ASSOCIATED PRESS

Bedroom designer Brian Patrick Flynn suggests making your own custom pendant with a store-bought drum shade, as seen here.

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OUTDOORS: Lots of possibilities.

Mathison says even home-improvement novices can put down a pretty stone walkway in their yard. She also says staining a deck isn't difficult, provided you research the job and buy the proper materials. Add a few attractive planters and your DIY yard is complete.

WALLPAPER and UPHOLSTERY: Try tiny jobs.

"Everyone now wants some kind of wall covering," says Flynn, but it's tough to do the entire wall on your own. "Do all the prep work yourself. Sand the walls with a sanding block and fine-grade sand paper. After that, take a damp cloth get all the dust off, then prime with wallpaper primer," says Flynn. "You can probably save up to $300 for a 12-by-12 space. The person you hire just cuts the paper and hangs it. They can be out in a day."

Some wallpapers are pre-cut and pre-pasted, says Carendi, and they can turn out beautifully if you're doing a small space. But take your time and work carefully.

Similar rules apply to upholstery: Covering a chair cushion with new fabric and attaching it with a staple gun is relatively easy, says Mathison. But real re-upholstering takes knowledge and expertise.

TILING: Tread carefully.

Most tiling projects are best left to the pros. Stripping old tile from a bathroom wall is more complicated than it sounds, and the wall underneath can easily get damaged. Flynn says mosaic tile that comes attached to a net backing can be relatively easy to hang. Ditto for subway tile. But be sure to thoroughly research bath and kitchen tile projects, and leave any related plumbing work to the experts: "There are reasons why professionals have to be licensed to do that sort of work," says Carendi. "If one thing is done incorrectly, it can be extremely costly to fix."

LIGHTING: Stick to cosmetics.

"If it involves adding electricity or moving electricity," says Flynn, leave it to an expert. But "swapping lightweight pendants is a much more user-friendly DIY task."

Buy a drum shade from any home goods store, some decorative trim and a pendant light kit (hardware stores carry them, he says, as does Ikea). "Use a glue gun to add your own trim to the top and bottom of the shade, then insert the pendant kit and cut the cord to size.

You will be amazed how easy this is," Flynn says.

Above all, says Carendi, know your limitations. But don't be afraid to learn a new skill. THE ASSOCIATED PRESS

Be ready for up-front fees

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Everyone and their mother has warned me against signing any sort of contract when working with an agent. It makes sense why they'd want a contract signed — cementing the buyer-seller relationship so you can't play the field with numerous other agents — but I can't see much in it for the buyer. If the agent isn't doing their job, you're going to want to move on.

Eventually during our meeting, the topic of a contract comes up. I tell the agent I've been warned against signing it and she quickly explains that it's not necessary immediately.

We leave it at that and nothing is signed.

She goes through a huge buyers' package that has important information about what to look for in a home, how to make an offer, hidden fees, insurance premiums, land transfer taxes etc. etc.

It's all a bit overwhelming especially when you start to add up all of the additional costs to buying a home.

Aside from a down payment and mortgage, there's about $10,000 to $20,000 in related fees — depending on the cost of the home — which a buyer should be prepared to pay up front.

We then start to talk about what I'm looking for in a home, which at this point covers a fairly wide range including a condo, a loft, townhome or house with one or two bedrooms, one or two bathrooms, a yard or balcony or not, in the Danforth, Leslieville, The Beach area.

I'm a bit embarrassed that I don't have my preferences more narrowed down, but she explains that it's better to start wide than narrow.

We shake on it and she tells me she'll start sending daily listings suited to my price range and preferences.

I'm excited as my search begins and I start popping out of bed every morning around 6 a.m; I'm already addicted to the rush of it all and when I'm not looking at the stratus reports I'm checking MLS.ca for anything she may have missed.

Next week, read about my reality check when I go for my first set of viewings.

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Veggies' time to shine

HomeScape

If seed sales are any indication, vegetable gardens are definitely on the rise. Research has shown that vegetable seed sales last year outshone the sales of flower seeds across North America for the first time, says Denis Flanagan, of Landscape Ontario, the provincial horticultural trades association.

And the research also shows a new demographic — young, urban hipsters are getting into vegetable gardening in a big way, not just mature folks from the old country any more.

I have to admit that my first thought was that there's going to be a few surprises come harvest time, especially for those vegetable growing nubies.

I say this because I am the child of immigrants. Like many others transplanted from "away", they had a huge, well-tended garden that would unfailingly produce a bountiful harvest, thanks to devoted ministrations of my father. My brothers and I were forced to shell endless peas, snip the ends off mountains of homegrown beans, and help with the annual ritual of beet pickling.

All winter long, thanks to my mother's processing work in a hot, steamy kitchen, we were able to eat the vegetables, gorgeous tomato sauces, the aforementioned pickled beets, relishes, pickles, jams and other goodies from our summer garden, but did we children appreciate it for one minute? No, of course not. We just complained about the work, and of course, about being forced to eat the vegetables throughout the winter.

It's a different story now. I love my vegetables now and totally appreciate the amazingly healthy, nutritious and delicious foods my parents grew in their garden. And the fact that younger people are getting into gardening could only spread the goodness around.

There are plenty of reasons for the newfound interest, says Flanagan. More people are growing vegetables because they are trying to eat local rather than buying goods flown or trucked in from faraway California or other distant places.

In urban centres, gardening often means squeezing in a small vegetable patch in a postage-stamp-sized backyard, or participating in an allotment garden. Another variation for condo owners or apartment dwellers is a container garden on the balcony. The important message is that is can be done.

For beginners, choosing a few of your favourite vegetables is the way to go. Gardening is work, no lie. So don't overextend yourself, or you'll get discouraged. Avoid big plants such as pumpkin or corn if you have an itty bitty backyard. To maximize vertical space, plant climbing species such as peas or beans along walls or fences.

For more great ideas and useful gardening tips, see landscapeOntario.com.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

First-time gardener tips

- Prepare your soil. Soil is made up of a mixture of sand, clay and silt. The ideal mixture is 40 per cent silt, 40 per cent sand and 20 per cent clay.
- Add compost every year to loosen soil and add extra nutrients.
- Find a location that is sheltered from winds, and has plenty of sunlight.
- Water early or late in the day, deeply near the base of the plant.
- Weed regularly so the task does not get overwhelming.
- Inspect frequently for pests, and take action early to minimize damage.
- Be patient.

Last year, vegetable seeds outsold flower seeds for the first time, according to Landscape Onatrio's Denis Flanagan.

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Domo Chocolate Sectional (106 006)
Available in Chocolate Brown with chaise on right (as shown).

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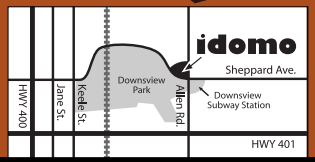

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Sold by Simon Giannini, Broker of Record, Real Estate Centre 2000 Inc.
For more info, call 416-979-0333 or email: simon@RecCanada.com

Compiled with publicly available information. Send recent home sales to soldhomestoronto@metronews.ca. Not all submissions will be used.

ADVERTISING FEATURE

DANIELS DOES IT AGAIN…

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The new home market is on an upswing again, and nowhere was that more evident than in Erin Mills, when Daniels FirstHome™ Eglinton West sold out in just one day at the recent sales event! Offered by The Daniels Corporation, this community had a tremendous response from first-time buyers eager to realize their dream of homeownership. Potential purchasers lined up for days, some camping out for over a week, to ensure their chances for owning at this neighbourhood of fully built, incredibly priced one- and two-storey condominium townhomes located at the northeast corner of Eglinton Ave. and Oscar Petersen Blvd.

Buyers realized that this community offered something that is increasingly difficult to find in today's market – affordable homeownership for first-time buyers. Many had already earmarked the home they wanted after a series of Preview Events allowed them to walk through a model of each of the eight townhome designs to see, touch and feel the fantastic quality of construction for which Daniels is known.

In addition to amazingly affordable prices starting from just $165,900, Daniels provided terrific financial incentives including incredibly low mortgage interest rates and their exclusive LIVE FREE program, which waives the interim occupancy fee until the condominium is registered. Plus, with the townhomes being constructed before being offered for sale, purchasers can move into their new home within 30, 60 or 90 days and only pay the deposit payments each month until they reach 5% down!

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Cyclone action

This Platinum Collection bagless upright removes more dirt from carpet than other cyclonic bagless uprights using a multi-stage cyclonic filtration system. See hoover.ca for more. METRO NEWS SERVICES

How much can you afford?

What you can afford may surprise you. While home/condo buyers routinely spend a lot of time weighing different locations, deciding on how much space they require, and even measuring the distance to schools and/or work, few look at purchase price as something that requires thought. The main reason being that most have an idea of how much they can afford, and that's that. In actuality however, what you can afford may surprise you.

Imagine, as an example, Sabina was looking at $300,000 as her bottom line for a townhouse in Toronto West. Roughly, her monthly mortgage payment would run $1,500. Now there are a few town-homes closer to $315k that Jamie finds more suitable, yet she feels they're beyond her grasp. While Jamie might be right, she should know the full story.

The difference on her mortgage would be roughly $75 per month — a stark contrast to the $15,000 apparent difference, on the surface. The difference on a 5-per-cent down payment would be $750, easily attainable if she waits a few extra weeks. Also, if Jamie were choosing a variable rather than fixed rate, her savings could run $50-$60 per month. How "out of reach" is the $315k, really?

This is not to suggest that you can increase your bottom line by $15,000 without batting an eyelash, or that variable is definitely the way to go. It is, however, important to understand all avenues of financing your home so that you can make the best decision for you.

To use another example, Clark is considering a condo for $250,000. The maintenance fees are $400, including utilities. It would be worth Clark's while to find out how much he'd be paying for utilities if it wasn't a set amount, especially since my experience has shown that $150-$250 per month, for utilities, is very reasonable considering the size and type of home that applies to this scenario. If Clark assumes the middle figure of $200, that would be an additional $200 per month he could afford on a mortgage payment. That's an increase of $40,000 in purchase price! Depending on where Clark is planning to move, a purchase price of $290k could afford him a freehold townhouse.

The point here is not to increase your purchase price to something that you aren't comfortable with. The point is to understand that a difference of even $40,000 in purchase price can be, virtually, negligible — and most importantly to understand why. Knowledge is knowing you can buy a mansion with a million dollars. But wisdom is knowing how and why you can buy a home, with much, much less.

Amit is a Realtor/Developer with Re/Max. amitp@rogers.com

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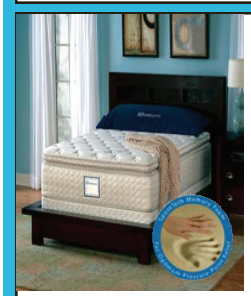

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Multiple bids in a recession?

LegalMatters

Jeffrey D. Cowan

jeff@cowanlaw.ca

Q I recently was shown a house by my real estate agent and I was immediately taken and wanted it. The home showed very well, had decent upgrades and was priced aggressively so that I could afford it on my one salary household income. I entered the bidding process and my agent revealed that there were a number of other parties interested in the property. At the end of the day, we offered over the asking price but still lost out in the bidding process. What is going on in the "supposed" recession we are experiencing?

A The first item at hand is that interest rates are quite favourable so that first-time homebuyers (who fuel the economy) are actively looking. The higher end of the market is not moving anywhere near as quickly but there is a bunch of pent up demand for people who have been saving their pennies and want to get into the market while the interest rates are good.

Secondly, the government has moved back from their position of provincial land transfer tax; thereby making it more affordable for first-time homebuyers purchasing a resale home. They still benefit from up to $2,000 in rebate regardless of whether they are buying a new home or a resale.

All is looking good for the hungry first-time homebuyers and hence the bidder wars for smaller, moderately priced homes. Pity the higher end of the market who have seen their stock portfolios shrink and won't be thinking about moving anytime soon because they are in a five year, 5.5 per cent mortgage and can't take advantage of the lower rates.

The market is not anywhere near as soft as pundits would ponder. Houses and condos are moving at almost last year's rates so not to worry about investing now or holding your breath for a few months.

Jeffrey Cowan is the principal with Cowan Taylor and McGee, Barristers & Solicitors. The information in this article should not be relied upon as legal advice.

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A delicate fragrance

Pure White Linen Pink Coral is the new utterly feminine and gentle fragrance by Estee Lauder ($64/50 ml). It offers a blend of apple blossoms, and camelias blushed with honeysuckle. It hits counters this July. Metro News Service

Style

YSL goes green

The house of Yves Saint Laurent is promoting sustainability with two upcoming projects. To support the environmentally-conscious film, Home, the brand has produced a line of T-shirts and a tote bag in organic cotton to be sold on ysl.com. Taking the eco-effort a step further, Stefano Pilati has also designed a green limited edition capsule collection called New Vintage featuring recycled fabrics from old collections. It recently debuted at Barneys New York. KENYA HUNT/METRO WORLD NEWS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Wake me up before you glo-glo

DayGlo colours just another stop on '80s comeback tour

The electrifying colours of day-glo, last seen back in the '80s in graffiti art and lighting up MTV in videos from pop music acts like WHAM!, are back for another retina-searing blast.

The return of DayGlo colours in fashion is just another stop on the current '80s comeback tour in pop culture.

These blinding hues are anointed cool again by Marc Jacobs, the most influential designer on the planet right now. He dipped into the electric Kool Aid liberally earlier this year with the relaunch of the Stephen Sprouse collection for Louis Vuitton — a dazzling collection of accessories splattered with neon graffiti by the renowned '80s New York artist.

And while this spring you can find any number of accessories and clothing in "the caffeine of colours," as one Toronto artist describes it, expect this trend to glow all year. The recent showing of fall collections in New York indicated designers are turning up the neon wattage also next season.

Lest you think this is a trend strictly for kiddies born after the '80s. One woman caused quite the stir last recently when she walked into the tents at LG Fashion Week.

Victoria Webster, a statuesque beauty and mother of two, strolled in wearing a black dress with black tights, and on her feet, the bright Alexander McQueen pumps featured on this page. The vivid shoes were like an exclamation point to her all-black ensemble, provoking numerous comments. "They reminded me of being a kid," she said. "Being back in '82, buying all that crazy stuff at Le Chateau, having fun with fashion and not taking it too seriously. It's a shout out to my younger self!"

But instead of trying to replicate the look of the '80s, this avid fashionista played the neon card expertly; a single touch paired with black. It's the only grown-up and sophisticated way to ride this '80s express. TORSTAR NEWS SERVICE

Alexander McQueen orange pumps, $795, Holt Renfrew

Denim skirt, $59, Mango.

Tory Burch wallet, $225, Holt Renfrew

MICHAEL STUPARYK/TORSTAR NEWS SERVICE

Dress, $49.90, H&M.

Nail polish, $6, Urban Outfitters.

Jimmy Choo to design collection for H&M

BUDGET STYLE Fashionistas who don't want to spend $1,000 to get their Jimmy Choo shoe fix can soon turn to Swedish fashion retailer H&M, which will offer a new line of shoes at a fraction of the cost as part of a new partnership with the famed designer.

Hennes&Mauritz AB said the famed shoemaker will launch the collection in 200 H&M stores on Nov. 14, including covetable shoes and bags as well as a women's clothing line to match them.

Jimmy Choo will also provide a men's collection of shoes, bags and accessories.

According to Jennifer Uglialoro, a spokeswoman for H&M's U.S. business, most of the footwear will range from $99 US to $129 for boots, though there are over-the knee boots priced at $299. Shoppers can also find ballet flats for $59.95. Handbags will be priced from $59.95 to $299.

As for clothing, shoppers can find $69.95 sequins tank tops and $249 suede one-shoulder dresses.

Jimmy Choo's designer shoe collection at department stores and boutiques range in price from about $600 to $1,200.

Most of H&M's clothing sells from $60 to $89, Uglialoro said.

"We adore Jimmy Choo's shoes and bags," H&M's Creative Designer Margareta van den Bosch said in a statement, adding it was the first time the company collaborated with an accessory brand. "I like the way we have worked with clothes to accessorize the shoes and bags rather than the other way around," she said.

Jimmy Choo founder and President Tamara Mellon vowed that her brand would bring H&M "a sophisticated, fashion forward, accessible and glamorous collection."

THE ASSOCIATED PRESS

FlareFashion

Lisa Tant

Read the blog at metronews.ca/flarefashion

MMVAs reveal gift lounge lineup

SWAG When presenters, celebrity guests and performers including Lady Gaga, Black Eyed Peas, Classified, Rise Against, Kelly Clarkson, Alexisonfire and co-host/performers the Jonas Brothers. descend upon the 2009 MMVAs Gift Lounge this weekend, they'll be checking out items from Bench Apparel, Cha Cha Handbags, Guess?, Kameleon Jewellery, Tenstate Jeans, Nautica, Moroccanoil and New Era Cap as well as Emilio Pucci and Karl Lagerfeld Eyewear distributed by Marchon, Inc.

METRO NEWS SERVICES

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LOVE NOTES

Send a message in black and white

Fresh white blossoms mixed with spice and white musks. Kenzoamour Eau de Toilette Florale Spray ($95 for 85 ml)

A delicate vanilla floral that smells sweet and feminine. Guerlain Eau de Shalimar Eau de Toilette Spray ($100 for 75 ml)

This tangy citrus scent has become a classic. Calvin Klein CK One Eau de toilette Spray ($60 for 100 ml)

An elegant floral with a sexy hint of sandalwood and patchouli. Always Alfred Sung Eau de Parfum Spray ($88 for 100 ml)

This fragrance is a modern take on a traditional woody scent. Tom Ford Private Blend Italian Cypress Eau de Parfum Spray ($210 for 50 ml)

A sparkling splash of citrus and spring flowers. Gap Close Eau de Parfum Spray ($28 for 50 ml)

A sensual scent for romantic evenings. Jo Malone Dark Amber & Ginger Lily Cologne ($118 for 100 ml)

STUDIO ANDRÉ DOYON

To read these stories and more, visit: **ellecanada.com**

A salute to the Sgt. Pepper-style jacket

TREND While the boyfriend blazer is becoming a popular staple in women's fashion, embraced for its versatility and practical charm, there's another jacket elbowing for position.

The Balmain blazer is in a league of its own. It is red hot right now — and by virtue of its sheer trendiness, the jacket may have a brief lifespan.

The regimental Sgt. Pepper jacket, reminiscent of the Beatles and Michael Jackson in his Thriller days, came marching down the spring runway at Balmain in Paris — and it ignited a fashion revolution.

An army of copies and lookalikes has surfaced at high-end boutiques and fast-fashion outlets. It is just part of the Balmain mania that's gripping fashion right now.

As one of the hottest labels in the world, it is responsible for a renewed interest in ripped acid-washed jeans, skinny leather pants, shoulder pads and the goth rock chick aesthetic that is looming for fall. Credit goes to the label's designer, Christophe Decarnin.

His cadet style jackets have had celebrities like Rihanna and Beyoncé rushing to join the Balmain brigade.

But just how hot are these jackets? Well, they retailed for $4,900 at The St. Regis Room at the Bay. And they are already sold out. Plan B for those aspiring to join the band involves capturing one of these recession-friendly versions.

TORSTAR NEWS SERVICE

Aveda Sun Care Protective Hair Veil ($32)

WHAT'S NEW?

Remember when summer hair care meant spritzing it with lemon juice or Sun-In? (Thanks, YM!) Now that we're older and wiser, we need a smarter way to keep hair looking healthy and sun-kissed. Aveda's new botanical-rich Sun Care system includes a mask that repairs hair after sunning and swimming and a spray that blocks UV rays for up to 16 hours.

Editors' Pick

GROUNDED

Juicy hues, luxe leather and refined design detailing combine for a sexy, stylish pop that's anything but flat. La Canadienne sandals ($145, La Canadienne.ca)

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Earring Gallery, Yorkdale Shopping Centre, TO, 416-783-1292
Watch-It, Unit 408 - 1 Bass Pro Mills Dr., Vaughan, 905-660-1242

Promoting pork

Canadian pork producers are reaching out to consumers with a new website that supports the efforts of producers across the country who are committed to meeting stringent food safety standards. Porkfits.com is currently featuring a boneless pork loin chop recipe in honour of Father's Day. METRO NEWS SERVICES

Food

This Father's Day Weekend (June 20-21), Wendy's is helping foster children by donating $1 from every Frosty product sold to the Dave Thomas Foundation for Adoption — Canada.

METRO NEWS SERVICES

Charity

DTFA-Canada is a non-profit public charity dedicated to dramatically increasing the number of foster care adoptions in Canada.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Just winging it for dad

Grilled wings, potato wedges, veggies and dip an ideal Father's Day dish

À la carte

Barb Holland

metronews.ca/alacarte

All you need for Father's Day

What dad doesn't like wings? And they go especially well with beer. Serve these grilled wings with grilled potato wedges, veggies and dip for an easy and relaxed meal.

These recipes are from Gathering Around the Grill: Inspirational Menus and Grilling Ideas for Family and Friends by Andrea Witzel & Kris Schumacher (published by Broil King). This cookbook offers 21 menus for occasions throughout the year, lots of tips, grilling information and, of course, recipes.

Grilled Chicken Wings with Roquefort Dip and Veggies

If time permits, marinate wings up to one day ahead in the refrigerator. If you enjoy a Buffalo-style wing, toss wings in hot sauce after grilling or serve with the sauce as a dip. Makes four servings.

INGREDIENTS:

- 3 lbs (1.5 kg) chicken wings

Marinade:

- 1/3 cup (75 ml) vegetable oil
- 1 clove garlic, minced
- 1 tsp (5 ml) each: Chili powder, dried oregano leaves and kosher salt
- 1/4 tsp (1 ml) cayenne (or more to taste)
- 2 tbsp (30 ml) red wine vinegar

METHOD:

Cut off and discard wing tips, then cut each wing at the joint to make two pieces. In large bowl, whisk together vegetable oil, garlic, chili powder, oregano, salt, cayenne and vinegar. Add wings and toss to coat.

When ready to cook, drain wings and discard marinade. Lightly brush grill on one side of barbecue with oil. Preheat barbecue on high, then reduce heat to medium and cook wings, turning to set grill marks, about 15 minutes. Move wings up to upper rack and continue cooking 15 to 20 minutes or until cooked through and tender.

Roquefort Dip and Veggies

If time permits make up to one day ahead, cover and refrigerate until serving time. If this is too strong a flavour for kids, try a Caesar salad dressing as a dip. Makes about 2/3 cup (150 ml) dip.

Almost every guy loves wings, a great companion for a cold beer. Try this meal for Father's Day — it's easy, with a bit of planning.

INGREDIENTS:

- 1 /2 cup (125 ml) mayonnaise
- 1 clove garlic, minced
- 1 tbsp (15 ml) grated onion
- 1 tsp chopped fresh thyme
- 1 tbsp (15 ml) red wine vinegar
- 1/3 cup (75 ml) crumbled Roquefort or other blue cheese, crumbled
- Cut vegetables: Carrots, celery and red, yellow and orange pepper strips

METHOD:

Stir together dip ingredients, mayonnaise, garlic, onion, thyme, vinegar and cheese.

Grilled Potato Wedges:

- Scrub 4 medium potatoes. Cut into wedges and toss with 2 tbsp (30 ml) olive oil and pinch each salt and pepper. Place in grill basket over medium-high to medium heat and grill, turning or shaking pan often until golden brown and tender, about 30 minutes.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

ARE YOU CURRENTLY EXPERIENCING
POSTPARTUM DEPRESSION?

Many new mothers experience a brief period of the "postpartum blues" that is considered in the normal range of health and usually ends one week after birth. However, 13% of mothers develop a clinically serious postpartum depression.

If you have recently given birth and are experiencing:

- Feeling sad or bouts of crying
- Feeling hopeless or worthless
- Loss of energy & difficulty concentrating
- Feeling unable to cope

You may have postpartum depression.

If you are interested in participating in research on postpartum depression please call
416.535.8501 x1750

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Local Savour

Indus Junction
811 Queen St. West
647-428-7119
indusjunction.com
Madras Salmon Curry, $14

This modern Indian fusion spot is as young and fresh as the two sisters that launched the restaurant a few years ago.

Right at home on the Queen West strip, the restaurant's interior is strikingly clean, warm and low. The short tables and petite chairs seem like afterthoughts beneath immense works of stylized art, and the whole scene is cast in earthy, ochre tones. Stylish but mature.

Dishes are equally atmospheric in presentation and spot-on in execution. Almost all the Indian food staples are here but not like you've seen them before — Chicken breast stuffed with spinach, tomatoes and onion in a fenugreek tomato cream sauce dabbles in other culinary hemispheres and delightfully so. Old meets New, East meets West, it's a junction worth reaching.

On the web

Global Peasant blog:

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog. Visit metronews.ca/globalpeasant for her Beef Carpaccio with Dijon Caper Sauce recipe. Dare to try it?

Kickin' off the weekend right

Every Friday, weather permitting, Great Lakes Brewery invites the public to its Friday Cookouts from 4 to 6 p.m. Guests picking up beer can ease into the weekend with a beer and free eats off the barbecue. 30 Queen Elizabeth Blvd., greatlakesbeer.com. METRO NEWS SERVICES

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Five generations: Still Hardy

I got to chat with Bill Hardy last week during his cross-country tour in support of the Australian wines that bear his family name.

A true living legend; the fifth generation winemaker turned brand ambassador has become almost as iconic in Aussie wine circles as his great great grandfather Thomas Hardy.

With competition from exotic upstarts like Argentina and an economy that has consumers buying below their preferred palate level; Down Under is feeling the heat.

Mr. Hardy's strategy to slow the Aussie exodus is to play his family history card: One that illustrates how years of making consistent wines from many different price points always gives the customer an option called Hardy.

I enter the **Nottage Hill** line as evidence. The **2006 Shiraz ($13.45 - $ 14.99)** is balanced right down the middle with soft red fruit and a light spine of pepper that makes for a perfect everyday wine as well as a barbecue buddy for grilled meats.

The **Stamp Series** may be even better known. The **2008 Riesling Gewurztraminer ($9.95 - $11.99)** is a unique citrusy mix of sweet green fruit and spice that's a refreshing match with salads, fruit, soft cheeses and, yes, Chinese food.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

10 tips for show-stopping salads

Jenna Bot of newly opened Salad Creations in Toronto (433 Yonge St.) has put together her Top 10 Tips and Tricks for Making the Greatest Summer Salads.

1. **Design Your Own Salad:** Think of a theme like "Canadian" and choose ingredients that suit the theme. You can also think of a recipe for an entree or soup and use those ingredients to turn it into a salad. For example: Buffalo wings, gazpacho, steak and potato.
2. **Less Is More:** Simplify your salad by choosing two ingredients as the main focus.
3. **For A Healthy Crunch:** Add a handful of nuts to any salad. Jazz up by pan frying (non-stick) with a drop of honey.
4. **Dressing Rules:** Creamy works well on iceberg and romaine and salads with few to little ingredients (let the dressing be the focal point). Vinaigrettes work well on spring mix and spinach, then lightly dress the salad so the ingredients in the salad shine through. Balsamic vinegar and oil works well too: Experiment with different oils and vinegars for different flavour profiles. For extra flavour add lemon juice or zest, honey, garlic and/or Dijon mustard.
5. **Experiment With Seasonal Fruits:** Try berries (pomegranate seeds, blueberries, and strawberries), mango, oranges, apples and peaches.
6. **Experiment With Different Starches:** Try couscous, quinoa, potatoes, leftover pasta, and tortilla chips.
7. **Grow Fresh Herbs:** Grow them indoors or on the patio, chop them up and put in salads for health benefits and unique flavours.
8. **Use What's In Season:** Make fresh but inexpensive salads with Ontario grown products.
9. **Use Leftovers:** You don't need to buy new items to make a great salad. The original famous "Cobb" salad was made from leftovers.
10. **Experiment with different lettuces:** There are tons of varieties to choose from: Maché, boston leaf, red leaf, watercress, arugula and endive.

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Resurrecting the Bride of Frankenstein
Universal, home of Hollywood monsters like Frankenstein and the Wolf Man, is in new talks to resurrect James Whale's 1935 classic, Bride of Frankenstein, according to riskybusinessblog.com. EW.COM

Entertainment

Top bachelor
Gossip Girl star Chace Crawford tops People magazine's list of the hottest bachelors of 2009. The complete list hits newsstands tomorrow.
PEOPLE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●●○ EXCELLENT; ●●●○ GOOD; ●●○ FAIR; ● POOR

Jonas Brothers strike again

Boy band delivers second album in less than a year

UNIVERSAL MUSIC PHOTO

Lines, Vines and Trying Times is the fourth studio album from teen heartthrobs the Jonas Brothers.

Jonas **Brothers**

Album: Lines, Vines and Trying Times
Label: Hollywood/Universal
Rating: ●●●

BOY BANDS HAVE to strike fast and often. The window's small, after all. One day you wake up to find your fanbase has left adolescence. So we have a new Jonas Brothers CD, just 10 months after the boys delivered their last. And golly gee, it's just in time for Nick, Joe and Kevin's new TV show (didn't the Monkees have a firepole, too?) The odd thing about this album is how different it sounds from the last — not necessarily more mature, just different. Definitely a step up from the pseudo-punk sound of A Little Bit Longer, the new CD takes a poppier turn, flirting with classic R&B and even venturing into country. Songs like Hey Baby, Much Better and Keep It Real (from the TV show) are more than admirable. There are some laughers, though, especially the ridiculous pairing with Common on Don't Charge Me for the Crime, a possible career killer for the hip-hop star.

Graham Rockingham/for Metro Canada

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Spinnerette

Album: Spinnerette
Label: Anthem/Universal
Rating: ●●●

BRODY DALLE HIT it big with her snarling hardcore punk band the Distillers, not to mention her marriage to Queens of the Stone Age frontman Josh Homme, so all eyes are on her new project, Spinnerette. The band's debut doesn't resemble her past — the record is a straight up pop album, albeit with some aggressive guitars and brash vocals. It's in the same vein as Queens, though more polished and radio-friendly. That's not saying it's bad; there are a number of infectious tunes, but it would have been nice to see Dalle keep pushing her musical boundaries.

Bryan Borzykowski/for Metro Canada

Holly **Williams**

Album: Here With Me
Label: Mercury/Universal
Rating: ●●●½

THE GRANDDAUGHTER of Hank Williams proves the strength of the bloodline on her second solo CD, successfully keeping one boot in alt-country while carefully testing more mainstream waters with the other. Holly has a strong but unremarkable voice. The strength of this album lies in the songs. The pleading chorus of Let Her Go lifts an otherwise standard father-daughter quick-step into a powerful track. Gone With the Morning Sun demonstrates commercial potential, while Alone offers Holly at her vulnerable best and the acoustic centrepiece, Three Days In Bed (With a Stranger), shows a woman in control. Williams proves, like Rosanne Cash before her, that she's a songwriter to be taken seriously on her own terms.

Graham Rockingham/for Metro Canada

The **Proclaimers**

Album: Notes & Rhymes
Label: Universal
Rating: ●●½

THE PROCLAIMERS ARE Craig and Charlie Reid, the identical Scottish twins who scored a monster hit in the early '90s with I'm Gonna Be (500 Miles). Over the past eight years they've maintained a loyal fanbase with a succession of consistently well-crafted albums showcasing their love of rockabilly, blue-eyed soul, classic R&B and soapy melodrama. But you've got to love a Scottish brogue to love The Proclaimers. The twins tend to lay it on heavy. And it can be unsettling, especially when they're crooning traditional country songs with names like It Was Always So Easy (To Find An Unhappy Woman). The twins are best when trying to pull off soaring Righteous Brothers harmonies on songs like Love Can Move Mountains, but they're attempts at enlightened social commentary (I Know, Free Market, Wages of Sin) are too often clumsy and heavy handed.

Graham Rockingham/for Metro Canada

MusicReviews

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Mos **Def**

Album: The Ecstatic
Label: Downtown/Fontana North
Rating: ●●●

DESPITE WHAT MOST people think, Mos Def isn't a great rapper. Or at least he hasn't been since 1999, when he released the spectacular Black on Both Sides. However, The Ecstatic proves that it's not that he doesn't have the talent, it's just been hiding for the past decade. He misses the mark on a couple tracks — like on Pretty Danger — but otherwise it looks like Mos Def is, finally, back.

Bryan Borzykowski/for Metro Canada

Dinosaur **Jr.**

Album: The Ecstatic
Label: Jagjaguwar/Sonic Unyon
Rating: ●●●●

MOST DINOSAUR JR. fans were shocked when the legendary indie act reunited in 2005, but perhaps they should be more surprised that the trio has released two fantastic albums since. Their latest is another incredibly focused effort that's filled with the same fuzzy distortion and brooding melodies that made them popular so many years ago.

Bryan Borzykowski/for Metro Canada

Neighbour sues Rihanna
Christian Moeller is suing his neighbour pop singer Rihanna and Stephen Yacobian, who owns the house she rents in Los Angeles. Moeller's lawsuit claims cars routinely park or wait on his property. METRO NEWS SERVICES

Blond Bombshell hits stage

Marilyn Munroe comes to life at the Jane Mallett Theatre

HANNAH ZITNER
for Metro Canada

Cliff Jones reveals there's more to the legendary 1960s glamour girl than just a wind-blown skirt and a head of bleached hair in his latest biographical rock-pop opera, Hey Marilyn.

"I call what we're doing here a glorified concert. It's much more than a concert… but it's not a musical," says the 65-year-old award winning writer and composer from the green room of the Jane Mallett Theatre.

"In some cases there are songs that will remind you of a Marilyn style but not like any one of the songs you know in particular. They just evoke. But every note, every word is *moi* he says referring to the fact that he wrote the entire script and all the music for the show.

The original show, commissioned and produced by the CBC in 1975, aired as a two-hour radio piece performed by a 30-member cast and a full orchestra. The idea for the piece came to Jones as he was wrapping up a 14-month run of his first rock opera, Something's Rockin' In Denmark, a rock musical based on Shakespeare's Hamlet.

When the Something's Rockin' producer asked Jones, if he had any more shows in mind, the Marilyn Monroe idea rolled off his tongue, having never actually given much thought to the Hollywood starlet. A day later, contracts were signed and he started his research.

"Then came the hard part of separating the wheat from the chaff cause there was so much crap written about her."

Jones finally knew his sifting had been successful when he played the finished performance to a friend of his who had been close with Monroe.

"He just turned to me and said, 'I do not believe someone who never met her before could have such insight into the person she was,'" Jones recalls hearing from Peter Lawford, a brother-in-law to John F. Kennedy and member of the 1960s Hollywood male star clique, the Rat Pack.

Although Monroe died nearly 50 years ago, Jones believes the marvel surrounding The Blond Bombshell is still strong. "Marilyn seems to have this appeal. People know who she is. I don't think that her legend will ever die, there's this magic about her."

A magic that Toronto actress Isabelle Kiraly who is playing Monroe has felt since she became a fan of the glamorous star at the age of five. "So for (Kiraly), it's a dream come true too. Because here she is, playing her idol and she's just got it down. It's quite uncanny."

PHOTO BY TERRY CHADWICK

Toronto actress Isabelle Kiraly plays Marilyn Monroe in the rock-pop opera, Hey Marilyn.

PrideWeek Toronto

- There will be a Pride Week performance of Hey Marilyn on Friday, June 26.

Ticket details

- Hey Marilyn opens at the Jane Mallett Theatre in the St. Lawrence Centre for the Arts today and runs until June 26th. To buy tickets visit stlc.com.

Getting ready for Nuit Blanche

ART A colossal chromium balloon rabbit dangling in the Eaton Centre, a live Mexican wrestler cage match at the Toronto Coach Terminal, packed with 20 masked combatants and an urban open-fire sausage cookout.

If any of those come close to your idea of fun, then you'll have plenty of it at Nuit Blanche this year. Earlier this week, Mayor David Miller presided over the announcement of the three zones of programs scheduled for the fourth installation of the "free all-night contemporary art thing," as it calls itself, from sunset Oct. 3 to sunrise on Oct. 4.

Nuit Blanche attracted 100,000 out-of-town tourists last year, adding to the roughly one million Torontonians who ventured out on the night — and in money: Nuit Blanche generated almost $13.7 million in economic spinoffs last year as well.

For more details visit scotiabanknuitblanche.ca.

TORSTAR NEWS SERVICE

Spielberg working on alien series
Steven Spielberg is pursuing Noah Wyle to headline his untitled alien-invasion pilot for TNT. The potential series takes place six months after evil extra terrestrials decimate mankind. EW.COM

The food, the bad, the ugly

Doc takes hard look at what we put inside our mouths

KEVIN COURRIER
for Metro Canada

When Emmy-Award winner Robert Kenner (Two Days in September) makes documentaries, he always entertains viewpoints contrary to his own.

"I find that I learn from people whose opinions are very different from mine," Kenner explains. But when he set out to do Food Inc., a controversial film that examines how dramatically the production of food has become a liability to public health in North America, the experience turned out to be radically different.

While trying to illustrate how major food companies have industrialized American farms to mass produce food that's ultimately contaminated with chemicals and bacteria, Kenner found out that companies like Monsanto and Smithfield Foods declined to address these concerns in the picture.

Emmy-Award winner Robert Kenner's Food Inc. examines how dramatically the production of food has become a liability to public health in North America.

Food Inc. hits theatres tomorrow

Instead, they sought to take him to court where Kenner spent three years spending most of his budget fending off lawsuits from these industrial food giants. "I had no idea how subversive this world of food was," Kenner remarks. "I think I could have had greater access if I was doing a movie about nuclear terrorism."

Kenner first grew interested in the subject when he read Eric Schlosser's bestselling book Fast Food Nation: The Dark Side of the All-American Meal and UC Berkeley School of Journalism Professor Michael Pollan's The Omnivore's Delight, which both did thorough critical examinations of the food industry.

"Farms are now giant factories where 30,000 chickens stand in the dark, and thousands of cows are standing in their own feces while being fed corn instead of grass," Kenner explains. "The food companies want to produce more calories for less money."

Ironically, Kenner got to know something of that addiction for quickly consumed calories while out promoting his film.

"I travel and I start to gain weight and I'm thinking you've got to change the way you eat, but I begin to crave fast food," he exclaims. "The minute you're hungry, you start to break down — and the food's designed to make you crave it. We're up against a big machine that is very good at figuring out how to get you to eat it."

Penn drops out of Stooges, Cartel roles

ACTOR Sean Penn will not be one of the The Three Stooges or join Cartel.

A spokeswoman for the Oscar winner said he is dropping out of the films. Penn spokeswoman Mara Buxbaum did not specify a reason, but said if the start dates on the productions were to be postponed, Penn would remain involved.

Penn

Penn was slated to star as Larry in Three Stooges and as a man protecting his son in Cartel.

Last month, Penn withdrew his petition to separate from Robin Wright Penn, his wife of 13 years. They filed for divorce in December 2007 but dismissed that petition several months later.

In February, they were together at the Academy Awards, where the 48-year-old actor won for his role in the drama Milk.

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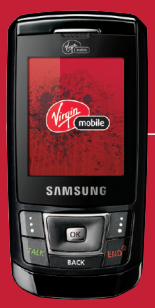

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Pride party kick-off
An official Pride launch party takes place tomorrow from 7 p.m. to 9 p.m. at Woody's. An RSVP is mandatory and can be emailed to rsvp@pinkmafia.ca. For more information on Pride 2009, visit pridetoronto.com. METRO NEWS SERVICES

Can't stop the Pride

RAFAEL BRUSILOW
for Metro Canada

Toronto is ready to show its colours as the city's 29th annual Pride Week kicks off this Friday.

For 10 action-packed days from June 19 through 28, Toronto will host a cavalcade of performances, receptions and bashes celebrating the queer community, culminating in the Pride Parade next Sunday, June 28, at 2 p.m.

Among the highlights of the week: Canadian R&B artist Deborah Cox will perform on the Wellesley stage Saturday, June 27, while philanthropist and activist Salah Bachir will receive a lifetime achievement award at the fifth annual gala and awards event June 24.

Mark Singh, co-chair of Pride's board of directors, says while there is much to celebrate, the theme of this year's Pride Week — Can't Stop: Won't Stop — is meant to remind people that human rights issues can never be forgotten.

"For the last couple of years we've really tried to put efforts into our human rights campaign. One of the big goals is to see quality of rights for queer people around the world increase. But we're also focused on delivering a fantastic, fun celebration," Singh said.

This year's Grand Marshal will be human rights activist Victor Juliet Mukasa, who chairs Sexual Minorities Uganda and works to protect the rights of lesbian, gay, bisexual and transgender people in Africa. Singh says the choice of such a renowned human rights figure demonstrates Pride Toronto's commitment to draw attention to the prejudice that people in non-traditional gender categories still face across the world.

"We want to showcase what's happening on the international level where people are still killed or imprisoned. Though we've made so many strides and gains in terms of equality, we're trying to say there's still much more to be done," Singh said.

Still, with real summer weather finally here, there's fun to be had as well. Singh promises this year's festivities will not disappoint — in fact, this year's parade will have a greater focus on performance, story and visual appeal than ever before. And, there will be plenty of surprises for spectators, Singh adds.

"We're hoping this year people will be pleasantly surprised and excited," he said.

For more information about Pride Week, visit pridetoronto.com

A history of Pride

Pride's long and storied history in Toronto

- Starting with the Gay Days picnics at Hanlan's Point in the early 1970s and demonstrations in 1981 following police raids of gay and queer bathhouses throughout the city, the first open celebration event happened in 1984 when Church Street was closed for people to dance in the street.
- By 1986 the first Pride Committee was created in Toronto and witnessed the inclusion, in 1987, of sexual orientation in the Canadian Human Rights Code.
- In 1991, Toronto City Council proclaimed the creation of Pride Day.

STEVE RUSSELL/TORSTAR NEWS SERVICE

Members of the National Gay Pilots at the 28th annual Toronto Pride Parade on Yonge Street last year.

Entertainment in brief

COVERBOY Sacha Baron Cohen strips down as his alter ego — Austrian fashionista Brüno — for the July cover of GQ magazine. According to GQ, Brüno is the first subject to appear fully naked on the cover. Jennifer Aniston, wearing a necktie and nothing else for the January issue, came close. Brüno sports nothing but a tanned glow and a shaggy head of highlighted hair. The actor-comedian's 2006 movie, Borat: Cultural Learnings of America for Make Benefit Glorious Nation of Kazakhstan, was a surprise box-office hit. His new film, Brüno, is scheduled for release July 10.

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Prosecution rests
The prosecution has rested in the trial of Jesse James Hollywood for a murder that inspired the movie Alpha Dog. Hollywood is accused of kidnapping a 15-year-old in 2000 to force his half brother to pay a $1,200 drug debt. THE ASSOCIATED PRESS

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White Hot sets stages on fire

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for Metro Canada

Dance, drink and delicious food will be on the menu at tonight's fourth annual White Hot National Ballet of Canada fundraiser.

For the 2,000 guests expected at Toronto's Four Seasons Centre for the Performing Arts, it will be an evening to remember. They'll be treated to a final performance by retiring principal dancer Chan Hon Goh in the company premiere of Peter Martins' Valse Triste. Bridgett Zehr, who steps into Goh's acclaimed shoes, will also be performing the Canadian premiere of Christopher Wheeldon's Prokoflev Pas de Deux with partner and principal dancer Zdenek Konvalina.

Also on the program are Matjash Mrozewski's Dénouement, performed by Elena Lobsanova and Noah Long, and Val Caniparoll's Lady of the Camellias, with Sonia Rodriguez and Plotr Stanczyk.

"These are the best-of-the-best dancers."
Diana Reitberger

"These are the best-of-the-best dancers. They'll be doing contemporary and classic pieces. The whole program, including Le Corsaire with Kellchi Hirano and Tina Pereira, promises to be a show stopper. Kellchi Hirano can leap higher than anyone I've ever seen," notes Diana Reitberger, the company's director of development.

The evening includes a one-hour performance, followed by a reception with the dancers featuring cocktails by Grey Goose, wines from Germany and hors d'oeuvres by Whole Foods.

A sold-out gala gourmet dinner prepared by celebrity chef Mark McEwan will be served to around 550 on the centre's stage. Those feeling light on the toes will be able to whirl the night away with some of the troupe's top stars.

Last year the event raised a little more than $1 million. "Even with the weak economy, we've already reached that goal," says Reitberger, who notes the funds have been raised through ticket sales, donations and a raffle for items including Rolex watches and a Vespa scooter.

Tickets

- Tickets for the performance and reception are $50-$100 and can be purchased online at whitehotgala.com or by calling 416 345-9595.

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BRUCE ZINGER

Noah Long and Elena Lobsanova in Dénouement will perform at tonight's fourth annual White Hot National Ballet of Canada fundraiser.

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metro

Boyle boosts U.S. auditions

America's Got Talent judge Piers Morgan promised that the new season of the NBC show will both honour — and reflect — the Susan Boyle phenomenon. EW.COM

A CMT Love Story

Taylor Swift rocks country music awards

Taylor Swift opened Tuesday's Country Music Television awards with a skit about living out her dreams. The 19-year-old country and pop sensation went a long way toward doing just that by winning video of the year and female video of the year for Love Story and by performing with one of her favourite rock bands.

"I want to thank Shania Twain for always making such theatrical videos, and Garth Brooks for always putting the fans first. I take my cues from you," Swift said in accepting video of the year honours. "I thank the fans for giving me video of the year when my whole family is here watching."

Swift won the fan-voted award over Brad Paisley's Waitin' On a Woman, Trace Adkins' You're Gonna Miss This, Carrie Underwood's Just a Dream and Sugarland's All I Want to Do. Swift won video of the year and female video of the year for Our Song last year.

THE ASSOCIATED PRESS

Taylor Swift accepts the Video of the Year Award for her song Love Story at the CMT Music Awards in Nashville, Tenn. Tuesday.

Her Love Story video is an elaborate production with period costumes that echoes the story of Romeo and Juliet.

"This is for everybody who still believes in love stories, because I do," Swift said earlier in winning female video.

She closed the awards show by performing Pour Some Sugar On Me with the British rock band Def Leppard.

Brad Paisley was the night's other big winner, taking home awards for male video (Waitin' On a Woman), collaborative video (Start a Band with Keith Urban) and performance of the year (Alan Jackson's Country Boy with Jackson, George Strait and Dierks Bentley). THE ASSOCIATED PRESS

Top winners

- **Video of the year:** Taylor Swift, Love Story.
- **Male video:** Brad Paisley, Waitin' On a Woman.
- **Female video:** Taylor Swift, Love Story.
- **Group video:** Rascal Flatts, Every Day.
- **Duo video:** Sugarland, All I Want to Do.
- **Breakthrough video:** Zac Brown Band, Chicken Fried.
- **Collaborative video:** Braid Paisley with Keith Urban, Start a Band.

TO 6/18/09

Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime											
265	353	2 TVO	Eco Engineering		The Agenda With Steve Paikin		After the Deluge (Part 4 of 4)		Masterworks		Agenda-Paikin
211	331	3 GTV	ET Canada	Entertainment	Bones (HDTV PA)		The Office	The Office	Harper's Island "Snap"		News (N)
215	343	4 OMN1	2Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
210	302	6 CBC	Coronation St.	Jeopardy! (N)	Laughs	NHL Awards (HDTV) (N)			CBC News: The National		The Hour
214	344	7 CITY	Law & Order: SVU		Ugly Betty	Friends	30 Rock	30 Rock	Law & Order: UK (N)		News (N)
212	313	8 CTV	etalk	Hollywood	CSI: Crime Scene Invstgtn.		So You Think You Can Dance		(10:01) The Listener		News (N)
218	345	11 E!	The Insider (N)	E! News	How I Met	How I Met	True Hollywood Story		The Beast (N)		News (N)
137	763	13 TFO	Panorama été	Tshinanu	Donald McGraw et le Cercle		*A double tour* ★★ (1959, Policier)			Folie-aventure	Volt
-	-	14 -	Raymond	According-Jim	News (N)		News (N)		Two/Half Men	King	Cold Case
213	326	15 SUN	Scrubs	George Lopez	Smallville "Odyssey"		Supernatural (HDTV)		To Serve and Protect		Becker
-	387	16 CBS	Inside Edition	Hollywood	How I Met	How I Met	CSI: Crime Scene Invstgtn.		(10:01) The Mentalist		News (N)
-	385	17 NBC	The Insider (N)	Entertainment	I'm a Celebrity, Get Me Out.		The Office	30 Rock	(10:01) The Listener		News (N)
-	386	18 ABC	Wheel-Fortune	Jeopardy! (N)	Ugly Betty (HDTV)		Grey's Anatomy		(10:02) Private Practice		News (N)
219	346	20 ACH-B	The Road to Avonlea		Greek "War & Peace"		Wife Swap		Private Practice		News (N)
-	-	28 FOX	Judge Judy	Two/Half Men	Bones (HDTV PA)		So You Think You Can Dance		Seinfeld	Two/Half Men	The Simpsons
-	388	61 PBS	News-Lehrer	My Hero	Doc Martin (Part 1 of 2)		Britography (DVS)		MI-5 Tom disappears.		Business Rpt.
297	652	330 WPX	Two/Half Men	Family Guy	Smallville "Odyssey"		Supernatural (HDTV)		PIX News at Ten Tong.		Two/Half Men
296	654	331 SBK	Wheel-Fortune	Jeopardy! (N)	Dr. Phil (HDTV)		WBZ News (N)	'70s Show	Frasier	Frasier	Punk'd
298	653	332 TLA	Jamie Foxx	Wayans Bros.	My Wife-Kids	According-Jim	Friends	KTLA News	Two/Half Men	Two/Half Men	Smallville
news											
502	390	26 NW	CBC News	Newman	The Hour David Thewlis.		CBC News: The National		American Savannah (N)		National
500	500	33 CNN	Lou Dobbs Tonight		Money Summit: Main St.		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
509	504	79 CNB	Kudlow Report		CNBC Reports (HDTV)		American Originals: Budweiser		Dollars and Danger		Mad Money
sports											
405	417	22 net	MMA Conn	UFC: Access	Soccer: Nutrilite Canadian Championship -- Toronto at Montreal				Sportsnet Connected		Sportsnet Con.
400	400	30 TSN	SportsCentre	Boxing	NBA Pregame	NBA Count	NBA Basketball Finals Game 7 -- Orlando Magic at Los Angeles Lakers.				
411	457	58 OLN	Bounty Hunter	Bounty Hunter	Departures "Jordan"		Survivorman		Bounty Hunter	Bounty Hunter	Departures
417	406	81 SC	Pimp My Ride	Pass Time	Pinks -- All Out		Pinks -- All Out (HDTV)		Wrecked (N)	Wrecked	Pimp My Ride
family											
551	542	25 YTV	Prank Patrol	Prank Patrol	Malcolm-Mid.	Futurama	In Real Life		Falcon Beach (DVS)		Mystery Hnt.
554	544	45 TEL	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	*300* ★★★ (2007, Action) Gerard Butler, David Wenham.			
556	540	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
602	567	27 W	How Clean	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design	Love It-List It	House
cable variety											
570	580	29 MM	One Tree Hill		Degrassi: TNG	Instant Star	Paris Hilton's My New BFF		Video on Trial	Born to Be	One Tree Hill
615	520	31 A&E	CSI: Miami		The First 48 (HDTV)		The First 48 (HDTV)		Crime 360 (HDTV) (N)		Crime 360
700	800	35 TLN	Centrovetrine	Sky TG 24	Soccer FIFA Confederations Cup -- Egypt vs. Italy.				Raymond	Raymond	George Lopez
571	581	36 MMM	I'm a Celebrity, Get Me Out.		I'm a Celebrity, Get Me Out.		The Daily Fix		Entourage	I'm a Celebrity, Get Me Out.	
575	583	38 CMT	Shaye: This Is It		Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Tuckerville
616	521	39 SHO	The Outer Limits		Love-Death	Love-Death	*The Perfect Child* (2007, Drama) Rebecca Budig.				House
620	523	40 BVO	Syilx Voice	Snapshot	Bathroom Divas-Opera Star		*Intern Academy* ★ (2004, Comedy) Peter Oldring. (DVS)				Law & Order
601	562	41 SLC	Skin Deep	Til Debt-Part	Last 10	Last 10	Last 10	Last 10	Bulging Brides	Bulging Brides	ET Canada
522	506	43 HIS	NCIS "Probie"		Ancient Discoveries		Metropolis "Paris"		NCIS "Probie"		Sea Hunters
625	548	44 COM	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Comedy Now (DVS)		Daily Show
600	564	46 H&G	House Hunters	Property Virgin	Holmes in New Orleans		Disaster DIY	Big Amazing	House Hunters	House Hunters	HolmesOrleans
294	529	47 TBS	House-Payne	House-Payne	Friends	Friends	Friends	Friends	*The Out-of-Towners* ★★ (1999, Comedy)		
576	582	49 BET	106 & Park: BET's Top 10 Live		*House Party 2* ★★ (1991, Musical Comedy) Kid 'N Play.				Welcome to	College Hill	*House Party 2*
627	528	50 SPC	The Listener (N) (DVS)		Star Trek: Voyager		*Grendel* (2007, Adventure) Chris Bruno, Ben Cross.				Stargate SG-1
581	566	52 MTV	Teen Cribs	After	MTV News	Room Raiders	Canada's Next Top Model		Canada's Next Top Model		MTV Live
618	524	54 TROP	Traders		Inside Hollywood (N)		Seinfeld	Raymond	Family Guy	Seinfeld	Seinfeld
603	561	56 FOOD	Chef at Home	Crash-Kitchen	Restaurant Makeover		Jamie Oliver's Ministry		Ace of Cakes	Ace of Cakes	Boys Weekend
261	394	60 V	Murder, She Wrote		Wait for God	'Allo, 'Allo!	*Escape From Wildcat Canyon* (1998, Adventure)				Poltergeist
621	527	63 STR	The Ellen DeGeneres Show		TMZ (N)	etalk	Paris Hilton's My New BFF		Tonight Show-Conan O'Brien		TMZ
553	546	65 TRE	Backyardigans	Nght Grdn	Max & Ruby	Franklin	Little Bear	Maggie-Beast	Comfy Couch	Zigby Hiccups.	Max & Ruby
115	711	101 TVA	Dépenses xtr	Par-dessus le	Dr. House "Au suivant!" (SC)		Mollie (N)		TVA 22 heures	Sucré-salé	*Courage*
126	730	102 RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
526	507	249 VIVA	Judging Amy		Most Haunted Spitbank Fort.		The Closer		Passion	Homicide File	Psychic Inv.
300	601	301 M1	(6:50) *Henry Poole Is Here* ★★ (2008)			Nurse Jackie	*Swing Vote* ★★ (2008, Comedy) Kevin Costner.				*Righteous Kill*
305	612	306 PIX	(7:15) *Buck and the Preacher* ★★★ (1972, Western)				*The Dogs of War* ★★★ (1980, Action)			(10:45) *Blackout* (1978)	

critics'corner

Swing Vote

One man ends up with the title vote in a presidential election in this comedy, casting Kevin Costner as an everyman lobbied by both the incumbent and the challenger (Kelsey Grammer, Dennis Hopper) — and their associates — when his is the single decision that will determine who occupies the White House for the next four years. Madeline Carroll is delightful as Costner's daughter; several highly recognizable political pundits also appear. 9 PM on M1

NHL Awards

The rather unlikely setting of the Palms Hotel in Las Vegas serves as the backdrop for hockey's biggest postseason celebration. Awards will be handed out in a variety of categories, including most valuable player and outstanding goaltender. Capitals forward Alex Ovechkin, who took home the Hart Trophy as the MVP last year, looks to be in line for more hardware here, as do Penguins center Evgeni Malkin and Bruins goaltender Tim Thomas. 8:30 PM on CBC

In brief

LEGAL Terri Seymour has won a restraining order against a woman who choked her after the American Idol finale. Her attacker, Janice Thibodeaux pleaded guilty last week to misdemeanour battery.

TV Comedy Central says Daily Show correspondent Jason Jones is reporting from Iran with a week of dispatches taped during the past month. The reports will begin airing next week on The Daily Show With Jon Stewart, which airs Monday through Thursday at 11 p.m. ET on Comedy Central. THE ASSOCIATED PRESS

Kenya's Style

Kenya Hunt

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Tragedy strikes Farrow family again

Mia Farrow's older brother has been found dead in his Vermont home, the second tragedy in recent months for the actress, whose daughter died in December. Patrick Farrow, 66, a sculptor, was found late Monday by police, people.com reports. METRO NEWS SERVICES

Celebrity Buzz

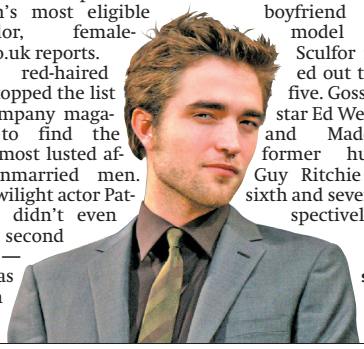
Rob loses top hunk status

RATINGS Robert Pattinson has lost his crown as Hollywood hottest hunk — real royal Prince Harry has beaten him in a poll to find Britain's most eligible bachelor, femalefirst.co.uk reports.

The red-haired royal topped the list by Company magazine to find the U.K.'s most lusted after unmarried men. And Twilight actor Pattinson didn't even land second place — he was beaten into third by British TV host George Lamb.

Comic actor Noel Fielding takes fourth place, while Cameron Diaz's exboyfriend and model Paul Sculfor rounded out the top five. Gossip Girl star Ed Westwick and Madonna's former husband Guy Ritchie came sixth and seventh respectively.

METRO NEWS SERVICES



LiLo-SamRo saga continues

HOT/COLD Lindsay Lohan has split from Samantha Ronson — again, femalefirst.co.uk reports.

The actress — who reunited with her DJ lover earlier this month after a high-profile breakup — was reportedly dumped by text message after the pair had a blazing row about Ronson's friend Nicole Richie on Monday night.

A source told website E! Online: "Nicole refuses even to be in the same room as Lindsay and Lindsay was furious when Sam was invited to a party Nicole held for a mutual friend and she wasn't.

"Sam went to the party and it really upset Lindsay."

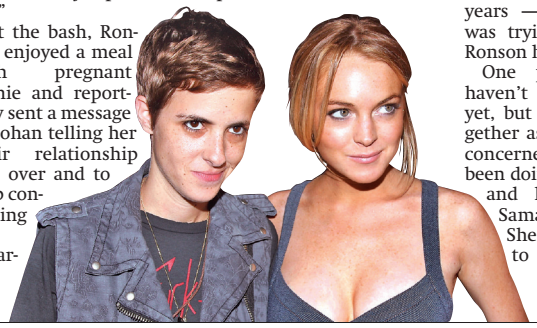
At the bash, Ronson enjoyed a meal with pregnant Richie and reportedly sent a message to Lohan telling her their relationship was over and to stop contacting her.

Earlier this month, Lohan was spotted wearing an engagement ring, sparking rumours the pair were committed to one another.

At the time, friends of the couple — who have dated on and off for two years — revealed Lohan was trying hard to keep Ronson happy.

One pal said: "They haven't started fighting yet, but they are back together as far as Lindsay is concerned. Lindsay has been doing so much better and has been giving Samantha her space. She is really dedicated to making it work."

METRO NEWS SERVICES



Addiction is killing Amy: Parents

PLEA Amy Winehouse's alcohol addiction is "killing" her parents, femalefirst.co.uk reports.

Mitch and Janis Winehouse are desperate to "rescue" their 25-year-old daughter, who they claim is in "denial" about her substance abuse problem. In an interview that was to be aired last night, Mitch said: "I tried it all — I said, 'Amy you've got to do this, you've got to go to this doctor, you've got to do this, you've got to do that, you're killing me, you're killing your mum.' None of it worked."

Janis added: "The need to rescue her is enormous. I just want her to be OK and I would do whatever it took to make that right."

Mitch blames the singer's estranged husband Blake Fielder-Civil for her problems: "The option of them being together is too horrible to contemplate. They are going to get divorced and who knows what's going to happen down the line."

METRO NEWS SERVICES

Alba off the hook for vandalism

SAVED BY CELEBRITY? Jessica Alba won't face any criminal charges for plastering posters throughout Oklahoma City to raise awareness of the endangered great white shark, tvguide.com reports.

"The decision has been made to close the case," police Sgt. Gary Knight said in a statement. "The case will not be presented to the district attorney's office."

Alba's act was a part of a campaign for White Mike, an L.A.-based group that aims to spread awareness of the great white shark species' decreasing population, according to E! News.

The 28-year-old actress could have faced a felony vandalism charge and possible jail time, but the property owners declined to press charges, E! reports.

Alba released an apology for her actions last week after photos surfaced of her plastering posters onto a downtown bridge, utility boxes and a billboard for the United Way charity.

METRO NEWS SERVICES

Becks shrinks boobs

CHANGING HER MIND Victoria Beckham has allegedly gone in for another breast augmentation surgery — her third, according to sources — only this time it was for a reduction.

"Victoria has wanted her implants taken out for a while. She felt that was part of her old image — the big hair, big boobs, fake tan — and that she has moved on since those days," a source told the Sun. "She had the operation three weeks ago and is very pleased with the results."

METRO WORLD NEWS

Not a gay swinger: Jada

RUMOUR MILL Jada Pinkett Smith isn't bothered by the rumours that have been swirling for years about her 11-year marriage to Will Smith.

"I've heard all the things — their marriage is not real, he's gay, she's gay, they swing. But at the end of the day, people have to believe what they have to believe," she tells radio station Q100 in Atlanta.

"I'll tell you what, it's too hard to be in a pretend marriage. Life's too short for that one."

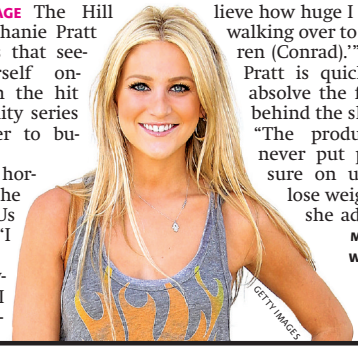
METRO WORLD NEWS

The Hills made me bulimic

BODY IMAGE The Hill star Stephanie Pratt confesses that seeing herself onscreen in the hit MTV reality series drove her to bulimia.

"I was horrified," she told Us Weekly. "I remember saying, 'I can't believe how huge I look walking over to Lauren (Conrad).'" But Pratt is quick to absolve the folks behind the show. "The producers never put pressure on us to lose weight," she added.

METRO WORLD NEWS



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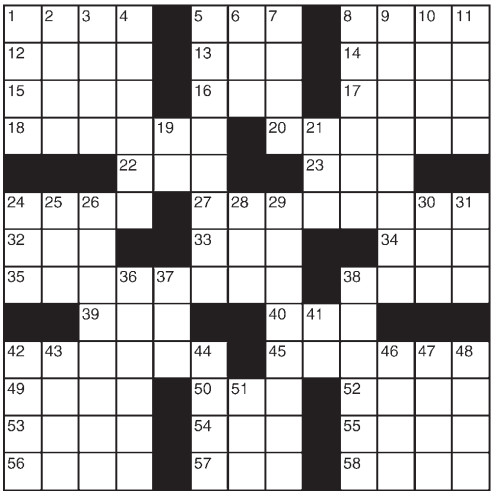

Crossword across

1 Elevator man
5 Playground game
8 Uncertain
12 Rid of rind
13 Inseparable
14 Exposed
15 Egress
16 Atmosphere
17 Pedestal occupant
18 Drop from the will
20 Computer-to-phone links
22 Nourished
23 Nov. follower
24 Musical phrase
27 Pollution filter of a sort
32 Greek H
33 Vitamin stat
34 Fish eggs
35 MySpace rival
38 Without acting
39 Mess up
40 Type measures
42 Prophet whose donkey scolded him
45 Awkwardly stiff
49 Cowheaded goddess
50 Lawyers' org.
52 Nibble
53 Biography
54 Solidify
55 Faris of Scary Movie
56 Back muscles, briefly
57 Squid squirt
58 Authentic

Crossword down

1 Newspaper page
2 Cab
3 Camera part
4 Ignite
5 Bidirectional
6 Blackbird
7 Bacterium
8 In the same place (Lat.)
9 Jack, e.g.
10 Gift-tag word
11 Longings
19 Lindbergh book
21 Praise in verse
24 Ump
25 Call — day
26 Nip/Tuck offering
28 Commotion
29 One-sided contest
30 Fa-la connector
31 Crucial
36 Obliterates
37 Support provider
38 Weather-map line
41 Criminal's procedure (Abbr.)
42 Check
43 One side of the Urals
44 Creche trio
46 Eat in style
47 Sicilian spouter
48 Actress Patricia
51 Stiller or Stein

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

6		8				5		7
3		1		7		8		4
			8		3			
		5	4		2	1		
		6	1		7	3		
			5		6			
5		2		8		4		6
9		7				2		5

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

T	R	A	P		B	E	T		S	M	U	T		
E	A	C	H		R	A	Y		P	I	N	E		
M	I	N	O	T	A	U	R		A	N	T	E		
P	L	E	B	E			O	P	T	I	O	N		
			I	D	E	M		R	E	S				
P	U	M	A		V	I	S	A		T	O	W		
S	R	I		M	I	N	T	Y		R	U	E		
I	N	N		E	L	S	A		B	Y	T	E		
		A	H	A		K	N	E	E					
F	E	R	U	L	E			M	A	L	L	S		
A	V	E	R		M	I	N	U	T	I	A	E		
V	E	T	S		I	V	E		I	C	O	N		
E	R	S	T		L	Y	E		T	E	S	T		

7	5	9	8	2	6	3	1	4
1	8	2	9	3	4	7	5	6
4	6	3	5	7	1	8	2	9
5	4	1	6	8	3	9	7	2
6	3	7	2	1	9	4	8	5
2	9	8	4	5	7	1	6	3
9	1	4	7	6	5	2	3	8
8	7	5	3	4	2	6	9	1
3	2	6	1	9	8	5	4	7

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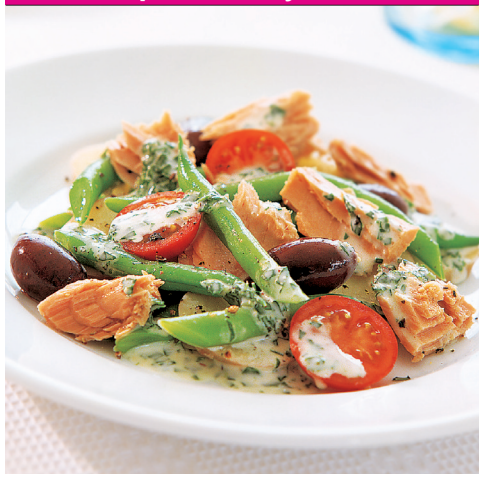
SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day



Tuna and Green Bean Salad

INGREDIENTS:

3 cloves garlic, peeled
8 oz (250 g) green beans, halved
6 small red potatoes, halved
2 tbsp (25 ml) balsamic or red wine vinegar
2 tbsp (25 ml) low-fat mayonnaise
1 tbsp (15 ml) olive oil
pinch of salt
1/2 cup (125 ml) fresh basil leaves
8 oz (250 g) cherry tomatoes, halved
2-1/2 cans (15 oz/425 g) water-packed tuna, drained
6 romaine lettuce leaves
1/3 cup (75 ml) black olives, for garnish

METHOD:

1. Blanch garlic in large pot of boiling water 3 minutes. Transfer garlic to food processor or blender; set aside. Add beans to boiling water and cook 4 minutes, or until crisp-tender. Remove beans, rinse under cold water and drain. Add potatoes to pot and cook 12 minutes, or until tender; drain.
2. Add vinegar, mayonnaise, oil and salt to garlic in food processor and purée. Add basil and 2 tbsp (25 ml) water and purée again.
3. Transfer dressing to large bowl. Add tomatoes, beans, potatoes and tuna, tossing to coat. Tear lettuce into small pieces. Add lettuce and toss again. Garnish with olives.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton

sallybrompton.com

ARIES ♈
MARCH 21-APRIL 20
Today's Sun-Jupiter aspect gives you divine protection. However, others can't to come to your rescue every time you make a mistake — so don't make any.

TAURUS ♉
APRIL 21-MAY 21
Your feelings for someone are getting deeper by the day, and over the next 24 hours what passes will bring you closer together into a blending of souls.

GEMINI ♊
MAY 22-JUNE 21
You push your feelings to one side, maybe out of embarrassment, but today you give your attention on one person. The time to say "I love you" is now.

CANCER ♋
JUNE 22-JULY 22
An achiever by nature, you must keep your ambition under control to get what you desire. Don't make an enemy of someone more powerful than you.

LEO ♌
JULY 23-AUG 23
Everything seems to be going right for you at the moment and your run of good fortune will continue for quite some time. Don't waste it — use it.

VIRGO ♍
AUG 24-SEPT 22
Recent successes may have been to your credit but give some to your team. Say nice things about your colleagues now and they'll be there for you later.

LIBRA ♎
SEPT 23-OCT 23
Creative and artistic activities will go well for you, as will affairs of the heart. Don't assume a romantic attachment doesn't need to be cared for. It does.

SCORPIO ♏
OCT 24-NOV 22
You hate when others keep secrets from you and you'll try to find out what everyone but you is gossiping about. Beware: it may be close to home.

SAGITTARIUS ♐
NOV 23-DEC 21
Why is everyone so happy to see you? Why do they want favours from you? Is it a joke? If so, you should laugh too. The cosmic powers are on your side.

CAPRICORN ♑
DEC 22-JAN 20
Your energy levels will climb today but don't work harder or longer. Finish your schedule quickly and take the rest of the day off. You've earned it.

AQUARIUS ♒
JAN 21-FEB 18
Your plans will be bigger and bolder than ever, but in your haste to get started you could overlook an important detail. Take your time and get it right.

PISCES ♓
FEB 19-MARCH 20
You may think you know about somebody's private life, but it's just the half of it. Focus on your own affairs or others may soon be gossiping about you.

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We Work for You, Toronto

We are Toronto's "outside" workers – more than 6,000 men and women who provide quality services and programs for all the people in our city.

Seven days a week, 24 hours a day, we're on the job, helping to keep our city clean, healthy, safe and beautiful.

Our union, CUPE Local 416, is in negotiations for a new contract that will let us continue working to protect and improve the services you count on – and make sure they're accountable, affordable and available when you need them.

But the City wants to turn back the clock to the days of bitter, confrontational labour relations. They want to gut our contract of provisions that we gained over decades through collective bargaining, arbitration awards and, yes, strikes.

Nobody wants a strike. But the City is pushing us there by refusing to get the job done. We are facing a strike deadline at 12:01 a.m. on Monday, June 22.

It's time for the City to get serious. It's time to take the concessions off the table and negotiate with us for a fair contract.

We need a fair contract now, so we can keep working for you.

TORONTO 416 CIVIC EMPLOYEES UNION CUPE

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GL Sport model shown

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Limited model shown

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Limited model shown

GL with Sport Package model shown

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"The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp., and used under licence. ♦Last year's starting price is the lease/finance starting price as of December 2008 for a 2009 Accent L 3Dr/2009 Elantra L/2009 Sonata GL with automatic/2009 Tucson L/2009 Santa Fe 2.7L GL. Prices for models shown: 2009 Accent GL Sport at $14,395/2009 Elantra GL Sport Package 5-speed at $17,895/2009 Sonata GL with automatic at $23,395/2009 Tucson GL AWD at $25,995/2009 Santa Fe 2.7L GL AWD at $29,995. Prices exclude freight, PDI, dealer admin fees and a full tank of gas. ◊Purchase financing available O.A.C. from Hyundai Financial Services on 2009 Accent/2009 Elantra/2009 Sonata/2009 Tucson/2009 Santa Fe/2009 Elantra Touring models with a Hyundai dealer of choice. 0%/0%/0%/0%/1.9% for 36/36/48/48/60 month terms. Finance for $17,895 at 0% per annum equals $411.56 per month for 48 months for a total obligation of $19,755. Cash price is $17,995. Example price includes Delivery & Destination. Example price excludes registration, insurance, licence fees and all applicable taxes. ♦♦Offers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ‡Elantra Touring best-in-class interior room based on Automotive Data comparison of 124 vehicles in the compact class (according to AAMC). †Fuel consumption for 2009 Sonata GL automatic (HWY 6.2L/100km, 46 mpg; CITY 9.5L/100km, 30 mpg) is based on manufacturer testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. YecoENERGY Initiatives help Canadians use energy more efficiently, boost renewable energy supplies and develop cleaner-energy technologies. ΔSee your dealer for eligible vehicles and full details of the Graduate Related Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.